



# **UNIVERSIDAD DE INVESTIGACIÓN DE TECNOLOGÍA EXPERIMENTAL YACHAY**

**Escuela de Ciencias Biológicas e Ingeniería**

**TÍTULO: Artificial Intelligence to diagnose low  
back pain using motion captures.**

Trabajo de integración curricular presentado como  
requisito para la obtención  
del título de Ingeniero Biomédico.

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# Dedicatoria

Dedico este trabajo a mis padres Bolívar y Cecilia, quienes han estado a mi lado en cada etapa de mi vida brindándome apoyo. Gracias por su amor incondicional, paciencia y sacrificio, por creer en mí y por guiarme en los momentos de incertidumbre.

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- Alejandro Bolivar Loján Cueva

# Resumen

La lumbalgia es una afección musculoesquelética común y la principal causa de ausentismo laboral, sin embargo, en la mayoría de los casos no se identifica el origen del dolor nociceptivo y a pesar de ello se administra fisioterapia. Una de las valoraciones más importantes para la evaluación del dolor lumbar es el análisis de la rango de movimiento (ROM) que consiste en calcular la diferencia de ángulos desde la posición de inicial hasta el punto de máximo alcance en múltiples ejercicios axiales y este carece de precisión ya que se realiza con cintas métricas. Este proyecto de tesis se basa en la aplicación de técnicas de captura de movimiento (MoCap) con unidades de sensores inerciales para obtener medidas espacio-temporales precisas con el objetivo de evaluar ejercicios de un grupo de pacientes sanos y otro con pacientes diagnosticado con lumbalgia de la provincia de Imbabura, Ecuador con el fin de automatizar la clasificación de rangos normales y patológicos de movimiento, utilizando siete algoritmos de aprendizaje automático (Regresión logística, SVM, K-nearest neighbours, árbol de decisión, Random forest, Gradient boosting algorithm y Multilayer perceptron) para evaluar y comparar las métricas de cada modelor. Todas las técnicas de aprendizaje automático obtuvieron una precisión superior al 80% y tres modelos obtuvieron una precisión superior al 90% (Support Vector Machines, Random forest, Multilayer perceptron), concluyendo que el mejor algoritmo es SVM. Los resultados obtenidos comparten un comportamiento similar en comparación con trabajos relacionados.

## **Palabras Clave:**

MoCap, Clasificación, Rango de movimiento, Machine Learning, Lumbalgia.

# Abstract

Low back pain (LBP) is a highly common musculoskeletal condition and the leading cause of work absenteeism, yet in most cases the source of nociceptive pain is rarely identified and physical therapy duration is administered regardless. One of the most important evaluation assessments for LBP is range of motion analysis (ROM) that consists of calculating the difference in angles between the standing position and the maximum reaching point in multiple axial exercises, at present ROM is performed with taping measure lacking precision. This graduation project is based in the application of motion capture (MoCap) techniques with inertial sensor units for precise spatiotemporal measures to assess ROM exercises from healthy and clinically diagnosed patients with LBP from Imbabura, Ecuador in order to automate classification of normal or pathological ranges of movement using seven machine learning algorithms (Logistic regression, SVM, K-nearest neighbours, Decision tree, Random forest, Gradient boosting algorithm and Multilayer perceptron) to evaluate and compare the resulting metrics. All machine learning techniques obtained accuracy above 80% and three models obtained >90% accuracy (Support Vector Machines, Random forest, Multilayer perceptron), concluding SVM is the best performing algorithm. Obtained results share similar behavior compared to related works.

**Keywords:**

MoCap, Classification, Range of movement, Machine Learning, Low back pain.

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# Chapter 1

## Introduction

### 1.1 Problem Statement

Low back pain (LBP) is a highly common musculoskeletal condition, related to affection in spinal structures, ligament injuries or natural aging factors [Hoy et al., 2010, PAHO, 2019]. Millions of dollars are spent in the healthcare system and the cost in work incapacitation increases every year worldwide [Grabois, 2005]. In Ecuador the incidence rates are steadily increasing [Fuseau et al., 2022]. Studies suggest that low back pain originates due to musculoskeletal injuries, age-related degeneration, spinal stenosis and disc herniation. Standard diagnostic practices include physical examination and imaging methods; however, diagnosis can be a aggravating process for patients with nonspecific low back pain, nonetheless the origin of the pathology is uncommonly identified before treatment.

Motion capture (MoCap) is the process of acquiring information about live subjects in motion, standard methods rely on optical, magnetic and even sonic techniques in order to quantify kinematic and motion information. The use of wearable devices with integrated sensors, such as the inertial sensor provide new techniques for the analysis of musculoskeletal diseases. The present work seeks to evaluate the performance of different ML classification algorithms in differentiating pathological subjects from healthy individuals using MoCap data acquired from patients from Imbabura - Ecuador with the Move Human (MH) motion capture system and generate a predictive model with machine learning techniques and provide a tool to improve LBP detection and personalized treatment.

## **1.2 Thesis overview**

This project is divided as follows. Chapter 1: Introduction, establish the importance of the problematic setting background information and objectives of the investigation. Chapter 2, Theoretical framework, comprehends a resume of bibliographical information related to Low back pain and the principles behind the research question and hypothesis stated. Chapter 3: Methodology, is focused in explaining and justifying the procedures and principles to carry out the investigation from data acquisition, feature extraction and machine learning (ML) model testing and evaluation. Chapter 4: Results, presents the outcomes achieved of the seven ML model testing using descriptive statistical analysis followed by Chapter 5: Discussion, where results are thoroughly analyzed to identify possible factors influencing the obtained performance as well as establish the limits of the project. In Chapter 6: Conclusions, a brief description of the research findings is provided in order to establish an answer to the research question and description of future research prospects on how to overcome limitations and improve expected results.

## **1.3 Hypothesis**

Machine learning algorithms can be used to accurately classify healthy and pathological individuals, evaluating significant changes in range of motion using motion capture techniques to enhance screening process of low back pain therapy.

## **1.4 Objectives**

### **1.4.1 General Objective**

Apply and compare different machine learning techniques in clinical data acquired from healthy and pathological patients using MH motion sensors to provide a prognosis tool for medical personnel to determinate whether a patient requires more treatment or not by predicting outcomes with different machine learning classifiers.

### **1.4.2 Specific Objectives**

- Acquire relevant clinical data of healthy and pathological patients diagnosed with LBP with motion capture sensors to assess the active range of motion (ROM) with exercises (Flexo-Extension, Rotation and Laterization) to evaluate multi axial movement.
- Data base optimization and parameter adjustment to enhance performance and avoid over-parametrization of machine learning models.
- Test and train seven different machine learning classification models in the obtained data base (Logistic regression, SVM, K-nearest neighbours, Decision tree, Random forest, Gradient boosting algorithm and Multilayer perceptron).
- Evaluate and compare the results obtained to determinate the best performance in classification models using accuracy, precision, specificity, F-measure and error.



# Chapter 2

## Theoretical Framework

### 2.1 Low back pain, a general description

Low back pain (LBP) can be defined as a group of symptoms associated with physical distress focused around the lower spinal cord area. Experimental research suggests LBP can originate from injuries in the spinal cord and its surrounding structures, the other mainly cause is age-related disk degeneration. [Deyo and Weinstein, 2001]. According to Deyo, et al. it is expected that two thirds of the population will experience LBP in their lifetime [Deyo and Weinstein, 2001].

LBP is the leading cause of work absenteeism and often it is hard to identify the source of nociceptive pain given the complex factor combination (musculoskeletal, environmental, emotional, infections, etc. [Patrick et al., 2014] ) associated to the disease [Hartvigsen et al., 2018].

Since LBP is a condition that affects the last segment of the spinal column and oftentimes pain and discomfort can irradiate one or both of the lower limbs. regarding the duration of the pathology LBP can be classified as: acute (lasting fewer than 12 weeks), chronic (lasting more than 12 weeks) and recurrent (for patients with repetitive episodes) other authors use the sub-acute classification for symptoms lasting between 6 to 12 weeks [Carpio et al., 2018]. Patients prolonged episodes of acute LBP have an elevated risk of transition from acute to chronic pain [Patrick et al., 2014].

## **Epidemiology: incidence and prevalence factors**

According to the Pan American Health Organization (PAHO) Epidemiology is defined as quantitative study of the frequency distribution of a pathology for control [PAHO, 2019], bibliographical information of the pathology is not uniform and can even be contradictory [Manchikanti, 2000], but some studies suggest that LBP arises from musculoskeletal injuries, age degeneration, spinal stenosis and disk herniation [Deyo and Weinstein, 2001], but many incidence factors have been linked to LBP: age, sex, geographical location, type of work, genetics, morphological condition, social strata and daily habits [Manchikanti, 2000]. Age is the most important incidence factor, the risk of LBP increases with age. Educational level is also related by indirectly prolonging the duration of the pathology, low economic status has been observed to have a tendency of higher risk of LBP and prolonged episodes. Negative psychological factors such as stress, depression and anxiety are associated to elevated risk of LBP [Patrick et al., 2014]. It was found that LBP is one of the leading cause of physician visits every year, apart from the previously mentioned factors it was found that sedentary patients with mild work activities sitting for extended periods (longer than 6 hours represented a higher risk factor for LBP incidence [Ordoñez-Hinojos et al., 2012].

According to Ballina et al. around 84% of the general population will experience LPB in their lifetime, 90% has probability of remitting episodes of LBP with persistent symptoms after apparent relief periods. Only 10% of cases will be remain for more than 12 weeks transcending from acute to chronic episodes. [Ballina et al., 2000]

## **National and international impact**

Given the high incidence and prevalence factors LBP is considered relevant musculoskeletal condition affecting the economy worldwide for two main reasons: loss of work days due to physical incapacitation of global workers and the annually increasing physician visit rate increase. It has been determined the incidence rate is directly proportional to the age of patients increasing constantly until the age of 65 years old [Hoy et al., 2010] leading to life quality limitations and economic impact due to productivity loss and clinical expenses [Katz, 2004]. According to research carried out by Grabois et al. only in the United States LBP in 2005 around 10 million Americans were disabled by pain related to LBP

and 250 million work days were lost each year in addition to millions of dollars spent in physician visits [Grabois, 2005] hence the importance of this problematic for clinicians, public health systems and healthcare resources [Manchikanti, 2000]. Additionally, LBP is a main factor in activity restriction and absence from work worldwide, resulting in a vast economic distress for families, general population and the industry. The increasing health care costs associated to low back pain estimates a loss of 26.3 billion dollars by the early 2000s [Patrick et al., 2014].

In other countries such as Spain around the 0.6% of the gross domestic product (GDP) is lost in sanitary and work related to LBP according to a recent study about herniated disc in the lumbar region in 75 subjects, it is suggested that epidemiological factors need to be evaluated for prevention and control of LBP cases, resulting in significant risk factor for low economical groups [Leac et al., 2022].

The problematic is aggravating for Latino American countries, in Mexico it is estimated that LBP has an incidence rate of 84% and a prevalence of 80% [Soto-Padilla et al., 2015] considered as the second cause of orthopedics visits.

Low back pain is considered an important affection in Ecuador as well, Fuseau et al. observed an increasing frequency of clinical consults related to LBP between 2017 and 2020 in a health care center N1 of Imbabura, Ecuador of 2055 patients specially in patients of working age groups with a cumulative frequency of 67.98% in ages between 28-60, it was determined that female groups had a higher overall incidence frequency than male groups, by comparison with international studies decrease of incidence frequency in groups above 60 years old was not clearly established [Fuseau et al., 2022].

### **2.1.1 Anatomical structure of the lumbar spine: a clinical approach.**

The vertebral column is responsible for supporting weight, providing structural stability, as well as, protection and distribution of the spinal nerves. The human spine is formed by vertebrae and intervertebral discs and can be divided in the cervical, thoracic and lumbar regions in addition to the sacrum and coccyx bones [Mahadevan, 2018]. The vertebrae are the bony structures that form the backbone, each vertebra has a cylinder-shaped body, a vertebral arch (where the nerves of the spinal column are located) and a number of

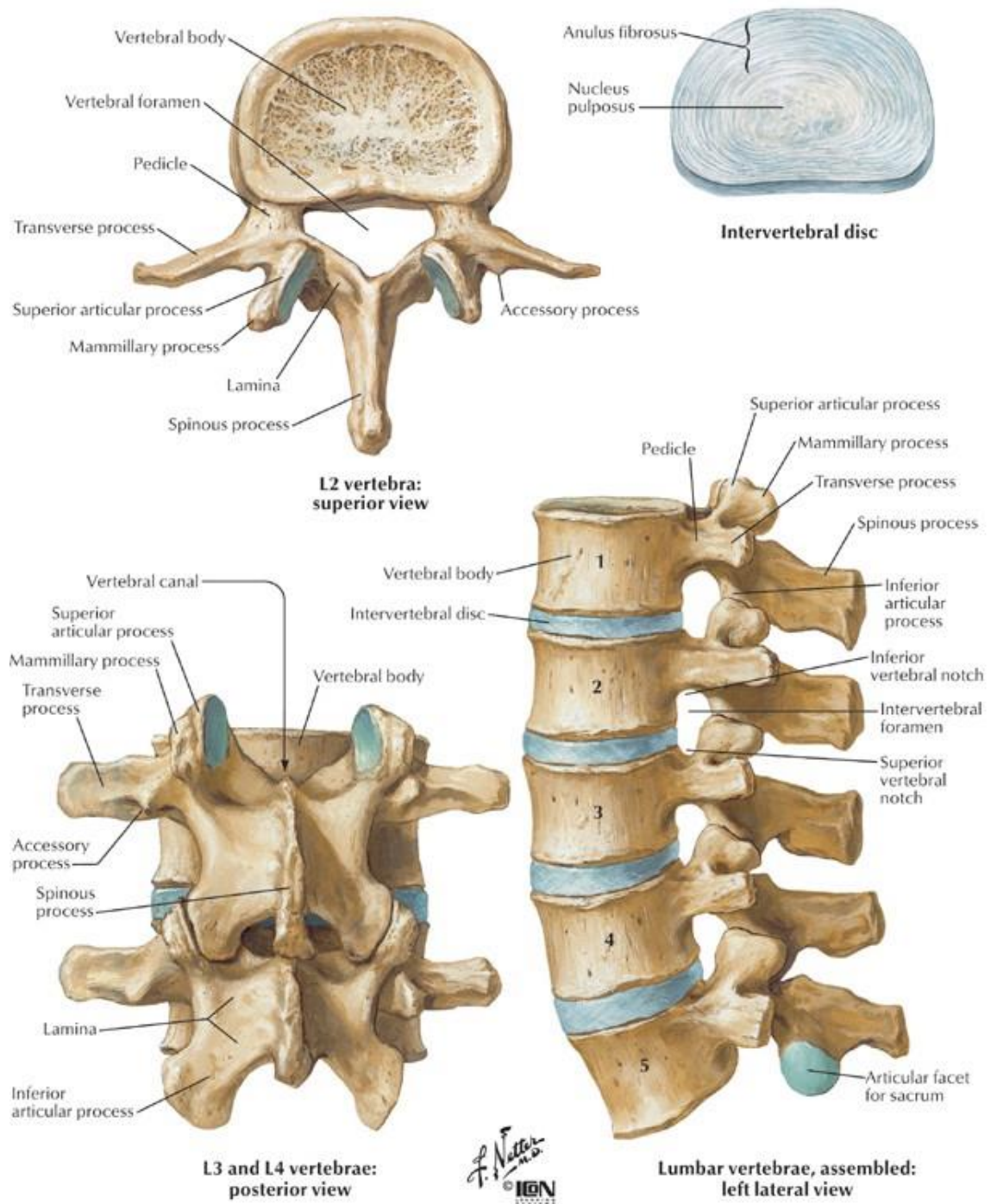


Figure 2.1: Anatomical structures of the lumbar spine, vertebral components and facet joint articulation, from [Chan, 2015]

processes that act as points of attachment for ligaments and muscles [Panjabi et al., 1992].

The cervical region of the spine is composed seven vertebrae denominated C1 to c7 to support the skull and jaw, in the thoracic region there are twelve vertebrae (T1-T12) that fuse with the ribs to give stability and protection to the internal organs and the lumbar region has five vertebrae (L1-L5) [Frost et al., 2019]. It has been shown that vertebrae become wider in thickness and depth towards the lumbar region to support the load of the cervical and thoracic segments [Inoue et al., 2020]. Intervertebral discs compose up to 30% of the vertebral column and as the name implies they can be found between each vertebrae, these fibrous avascular structures are formed by a gelatinous center known as the *nucleus pulposus* and a dense outside ring of fibrous cartilage named the *annulus fibrosus* serving the function of shock absorbers and allow spine movement, in the lumbar area, these discs have the largest surface area of the spine since this region is subjected to greater stress due to flexion movements, axial rotation and lateral bending [Frost et al., 2019, Raj, 2008]. Additionally other a series of muscular groups are found in the surrounding areas of the spine that provide mobility and help maintain balance.

Another important component located in the posterior of the spine are zygapophysial or facet joints that are synovial articulations comprised of the interaction of superior and inferior bone processes of the vertebrae that play an important role in load transmission across the spine, this articulations have a cartilage and biomechanical alterations may result in physical discomfort [Dreyer and Dreyfuss, 1996].

### **Biomechanics of the lumbar spine**

The analysis of movement of the human spine is a complicated due to the interaction between small structures with different physical capabilities, the principal movements done by the the lumbar column include, see Figure 2.2:

- Extension motion, describes a movement in the direction of the anteroposterior section of the body across the sagittal plane, several studies report a displacement of 2 up to 6 angle degrees in the transversal axis with around 40% of the compressive forces concentrated into the facet joints.

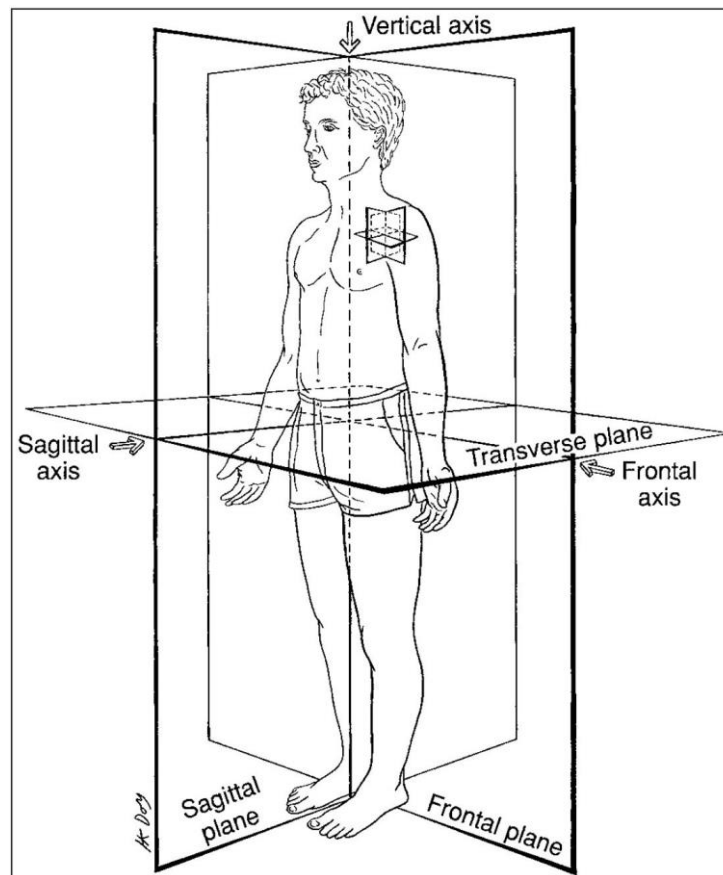


Figure 2.2: Anatomical division in planes and axes, from [Clarkson and Lippincott, 2021].

- Flexion motion, the upper body translates in a frontal displacement across the sagittal plane and articular components of vertebrae separates as far as 50 angle degrees from starting position, tension forces are focused posterior ligaments and muscles while compressive forces concentrate on intervertebral discs [Troup et al., 1968].
- Axial rotation, during this movement thoracic portion of the body rotates across the transversal plane up to 7.5 angle degrees, the movement is limited due to vertebral processes is limited to the available space for facet joint given the contacts between bone structures [Haughton et al., 2002].
- Lateral bending is a movement across the frontal plane in which the spine displaces across the vertical axis, little is known about this movement terms of effects of load across the lumbar structures [Frost et al., 2019].

### 2.1.2 Physiopathology of low back pain

The pathological source of LBP has been associated to multiple origins, across different investigations it has been stated that the majority of cases are related to muscle fiber disruption or ligament damage as a result of abrupt forces or weak muscles, generally is not a serious condition and common medication, and rest are enough to assure recovery [Urits et al., 2019, Peng, 2013].

Disc degeneration has proven to be a source of LBP, in fact, over the past decade numerous studies indicate that lumbar intervertebral disc degeneration is a multifactorial condition, that is caused by genetic and nutritional factors and mechanical factors [Cheung, 2010], degeneration of the intervertebral disc is considered as important source of pain in patients with low back pain. This disease influences the nervous system by stimulation of nociceptors in the anulus fibrosus and causing pain. When disc degeneration produces a disc herniation, the adjacent nervous system structures, can be altered, causing neuropathic pain. Disc deterioration also affect other spinal structures, such ligaments, muscles, and facet joints, which can also generate pain. In consequence, disc degeneration might be responsible for the chronic low back pain without being the actual pain focus [Brisby, 2006].

Disc herniation is a more serious condition and has known as one of the most common causes of low back pain. This pathology occurs for a protrusion of a lumbar intervertebral disc and some manifestations of pain and paresthesia in the area appears. These symptoms are due to rupture of the lumbar intervertebral disc for external forces as degeneration. Nevertheless, the cause and relationship of the lumbar disc herniation to back pain and sciatica have not been fully elucidated [Wang et al., 2021a]. Spondylosis is loss of the articular tissue and is characterized by narrowing or collapse of the disk space or arthritis of the facet joints [Elder and Witham, 2016].

Scoliosis is defined as a series of changes in the lumbar spine that maintain shoulder balance in the setting of pelvic obliquity. Numerous investigations revealed correlations between scoliosis, degenerative changes in the lumbar spine and low back pain. However, the relationship is not clear, resulting in limited evidence to guide treatment [Sheha et al., 2018].

Other important factor can be fractures of vertebral processes and vertebral bodies, that are product of a great force resulting in serious consequences given the presence of multiple nerve connections that go through the spine. It's highly important to identify patients undergoing serious pathology during a clinical examination like a vertebral fracture, that may require specific treatment. The clinical practices guideline suggests the use of red flags to screen serious causes of back pain as well as imaging techniques [Williams and Irwig, 2013].

One characteristic of LBP is that oftentimes can extend towards one or both of the lower limbs causing pain, this process is known as Radiculopathy and is a nerve inflammation of the nerves that combine in the sciatic nerve causing discomfort in the lower limbs [Frost and Brown, 2016].

### **Rare conditions linked to LBP symptomatology**

**Referred causes of LBP:** Internal structures of the visceral organs constitute a risk factor producing referred pain that lead to distress in the lower back area. Aortic aneurysm is heavily linked to LBP and is considered a life threatening condition, acute pancreatitis and renal colic are indirect causes of LBP as well [Karnath, 2003].

**Systemic causes of LBP:** This are rare conditions such as inflammatory spondyloarthropathy, infections, and cancerous tumors. Since low back pain is one of the leading reasons for physician visits, in most cases distress comes from a benign etiology. But, in some cases physician examination is recommended to prevent aggravation of related pathologies [Karnath, 2003].

### **Diagnostic and prognosis methods**

LBP is a frequent condition, acute cases in general present a favorable outcome for the patient, however, with the potential increase of risk factors some cases may transition from acute to chronic episodes that require more time and economical investment. It is important to promote the development of diagnostic tools and evaluation methods to provide better treatment [Patrick et al., 2014].

In order to diagnose patients, it is important to recompile information regarding the medical history of the patient: symptomatology (duration, timing, location, severity), comorbidity factors (metabolic disorders, hypertension, obesity, and so forth), previous



treatment [Tarabeih et al., 2022] and discard infections or any other disease via hematologic testing. Imaging techniques such as X-rays or magnetic resonance imaging MRI, tomography are not recommended due to the lack of specificity in terms of non specific discomfort, most patients recover in the first days even without treatment, still imaging methods are advised for structural fractures, herniated disk or infections. Physical examination is a highly important testing phase to determine possible causes: *spinal stenosis* (radiculopathy), *specific spinal instances* or *non-determined LBP* by means of evaluating the performance of the muscular structure of the lower segment of the body in specific trials for of neurological burden (Babinski sign, straight leg rise SLR, crossed SLR) [Patrick et al., 2014]. Range of motion (ROM) analysis is a common physician practice consisting of evaluating the angle of movement of joints, muscular weakness is associated with limited range of ROM values [Afonso et al., 2021]. The most common ROM test is the Schober Test and consist of calculating the difference in mobility changes using a taping measure, is considered an important element to designate therapy [Nattrass et al., 1999].

Diagnosis can be a frustrating process, especially for patients with nonspecific LBP given the multiple etiological factors involving the pathology and lack of sensitivity and specificity of state of the art methods: imaging methods have limitations and treatment exercises present better results during preventive phases [Grabois, 2005, Deyo and Weinstein, 2001], hence the importance of promoting new diagnostic and prognosis methods for precise detection of LBP with the combination of precise measurements technologies ROM assessment has gained attention in recent years along with the revolution of artificial intelligence in the medical field.

### **Conventional treatment**

As described previously, low back pain is most often caused by muscle stiffness caused by weak muscles and other not so common causes such as fractures and viscerogenic failure. It is acknowledged that the majority of acute cases may disappear within 6 to 8 months with no required treatment. Some nonsurgical treatment options include physical therapy with stretching exercises to help decompress intervertebral discs and improve blood flow. Massage therapy, which can increase range of motion mobility, improve serotonin levels and reduce depression even on the long term [Hernandez-reif et al., 2001],

electrical stimulation of trans-cutaneous nerves, application of heat or cold temperatures, ultrasound therapy and chiropractics as well as the use of non-steroidal anti inflammatory drugs (NSAIDs) with oral or topical medications, although the application of medication reduces pain, there is no improvement in terms of functionally, it is recommended to avoid activities producing pain however immobilization is always recommended [Patrick et al., 2014, Malanga and Wolff, 2008].

If the condition is severely affecting the nerve endings surgical options are recommended to relieve radiculopathies, some invasive options include: Discectomy is the gold standard procedure for corrective surgical procedure to correct LBP, in which a segment of the herniated disc is removed to reduce nerve stress. Laminectomy on the other hand is used to remove portions of spinal processes to leave more space for nerve structures. Microendoscopic discectomy is a new technique of minimal invasion using a needle-like tool to perform a discectomy [Berry et al., 2019].

## 2.2 Inertial sensor units

Motion capture (MoCap) is the process of acquiring information of living subjects in movement, standard methods are based on optical, magnetic and even sonic techniques with the purpose of quantifying kinematic and kinetic information of motion, the different types of technologies allows MoCap systems to be optimized in different areas [Aminian and Najafi, 2004] by means of camera based systems, inertial sensor units or hybrid systems [Menolotto et al., 2020]. The applications for detection and classification of physical pathological patterns with the analysis of specific movement features has gained relevance in recent years [Mannini et al., 2016] with the development of wearable inertial measuring units allowing data collection of long term activity in outside environments for postural recognition and pattern identification commonly used for gait analysis, orthopedics, sports and fall risk estimation [Aminian and Najafi, 2004]. Furthermore, MoCap technologies have wide applications in automotive, entertainment, construction, aerospace and healthcare industry [Menolotto et al., 2020].

Table 2.1: Properties and specifications of the NGIMUs from [Technologies, 2021]

Feature	Description	Specification
<i>Accelerometer</i>	Measures changes in velocity of a moving subject	Range: 16 g Sample range: 400Hz
<i>Gyroscope</i>	Measures changes in angular velocity	Range: 2000°/s Sample rate: 400Hz
<i>Magnetometer</i>	Measures relative changes in a magnetic field	Range: 1300 uT Sample rate: 20Hz

Inertial measurement units (IMUs) are small wearable sensors with three axial accelerometer, gyroscope and/or magnetometer that can be placed in multiple parts of the body [Ghislieri et al., 2019] using elastic straps to acquire information about movement performance. The model used in this investigation was the Next Generation inertial measurement units (NGIMU) by x-io Technologies (Figure 2.3) with compact sensing elements and free code algorithms, portable battery and memory slot as well as wireless synchronization via Wi-Fi [Technologies, 2021].



Figure 2.3: Second generation of NGIMUs with charger and wireless connection stations by x-io Technologies, taken from [Technologies, 2021]

## 2.3 Artificial intelligence and medicine

New advances in the technology offer the capacity to improve the evaluation and prognostic of states of the movement and health of patients. These new technologies give the possibility of get data from long periods and learn about the changes in the time. The use of wearable devices with embedded sensors like inertial sensor can recollect data in any moment and store it in a database. Data raw can analyzed by algorithms where is it processed and classified [Jourdan et al., 2021]. Studies have been carried out using ROM

assessment with inertial sensors for industrial applications, Rabal-Pelay et. all evaluated forklift workers and office workers with spinal discomfort with statistical analysis to identify differences between groups and determinate alteration in the angles of movement for future personalized compensatory exercises [Rabal-Pelay et al., 2021].

New algorithms and system allow us explore new tools to physiotherapeutic in the monitoring evolution and rehabilitation of chronic diseases. It is because of continuous data recollection gives the possibility of excellent solution in the diagnosis of symptoms in any therapy path. New researches show the new approach in the data analysis with AI solutions. Examples of this approach is the research of [Pistolessi and Lazzarini, 2020] where used inertial sensor data to classify and improve lifting movement in workers to decrease the possibility of low back pain. The solution was to classify safety levels with a Neural Network, an interesting tool in the Machine Learning (ML). The machine learning solutions are the most used in the last decade because of it is able to relate sensor data and human body systems. Then, this information is interpreted by the machine and validated using statistic criteria. The importance of Machine Learning (ML) is the possibility of recognize patterns and classify them with the less human intervention by using a template model trained for a specific problem.

### **2.3.1 Machine learning**

Machine learning (ML) is a branch of artificial intelligence that can be defined as the application of advanced statistical techniques to allow computers identify functional information to make more precise decisions. The analysis is based in automated identification of relationships between variables by managing to insert information (inputs) into an algorithm to process and obtain a desired answer in terms of outputs [Rajkomar et al., 2019]. In medicine many relationships have a clear relationship such as body mass index and diabetes [Sidey-Gibbons and Sidey-Gibbons, 2019], the applications of ML in medicine are vast in diagnosis, prognosis, treatment, and clinician work optimization. Clinical systems cannot provide a complete evaluation of patients given the amount of information, in terms of time but with the application of artificial intelligence in medical systems might provide a way to deeply analyze and extract information from the overwhelming amount of information [Rajkomar et al., 2019]. In general ML can be divided into two categories according

to the type of the information used for training:

**Unsupervised learning** the algorithm learns patterns using training data without being given explicit labels or outcomes in order to identify features in the data and to recognize patterns or correlations in the data, in essence the algorithm learns pattern data on its own.

**Supervised learning** is defined as the application of a model working with a data set trained with a known outcome associated to a defined features of interest, in other words the training data has categorical labels and the outcome is known. Supervised learning requires training data to predict outcomes based on the provided data, even with unprecedented inputs.

- **Regression models** Are commonly used to study the relationship between independent variables and one or more dependent variables, in simple terms the output is a continuous value and can even be used to predict future values.
- **Classification models** According to Saravan et al. machine learning supervised classifiers can be categorized into probabilistic classifiers (Naive Bayes Classifiers, Bayesian Network, Maximum entropy), linear models (Support Vector Machine, Linear regression, Decision tree, Neural network) [Saravanan and Sujatha, 2018] and other classifiers and in simple terms can be used to calculate the probability of a sample of being part of a category by establishing a relationship with independent variables [Sen et al., 2020].

For algorithm selection there are multiple algorithms with different capabilities for medicine. In a study made by Khubeb Siddiqui et al. it was concluded that the algorithms like decision forests have a high accuracy and are easier to understand the acquired results give the detailed logical thinking output whereas algorithms like support vector machines or artificial neural networks cannot generate logical rules although have high accuracy results, in this case we are looking for new ways of analyzing data coming from various sources like ECG, EEG and provide a viable tool for decision making, hence the importance of explaining the steps for the classification results [Siddiqui et al., 2020].

### 2.3.2 Classification models

This project is focused only in supervised classification ML models, the seven algorithms selected were selected according to the methodology proposed by De la Torre, et. al:

**Logistic regression:** is used to calculate the probability of a categorize whether or not an event falls into category using independent variables to determine a a categorical dependent variable, considered one of the most popular methods Logistic regression can provide a binary output (0 or 1) [Boateng and Abaye, 2019].

**Decision tree:** this algorithm disposes the provided data in form of nodes, branches represent the decision rules based on the conditions of the data and leafs are the output [Song and Ying, 2015].

**Random forest:** is a classification and regression algorithm that uses multiple decision trees trained using subsets of data from the dataset, reducing overfitting and achieving better results by combining the results of all calculated trees [Biau and Scornet, 2016].

**Support Vector Machines (SVM):** is used to estimate a hyperplane (with dimensionality equal to the number of variables) that separates one variable category from the other with the biggest distance possible [Meyer and Wien, 2015].

**K-nearest neighbors:** is a simple non parametric algorithm that assumes similarity between the data to determine the categorical output [Taunk et al., 2019].

**Multilayer perceptron:** is a three layer supervised neural network composed of an input layer, a hidden layer and an output layer based in back propagation to predict the probability of an output of belonging to an specific category [Nosratabadi et al., 2021].

**Gradient boosting algorithm (GBA):** is a regression or classification model that combines weak models (such as decision trees) into an ensemble by calculating the gradient of loss function in each iteration repeatedly until obtaining a determined threshold value [Beygelzimer et al., 2015].

### 2.3.3 Verification tests

The outcomes of a classification model may be bicategorical, (one or zero, true or false) or multi categorical (excellent, good, bad) according to the requirements of the problem [Sen et al., 2020]. The present investigation is focused in evaluating the predictive ca-

pabilities of seven different ML models, according to bibliography it is recommended to use different testing scores according to the number of classifiers and number of data sets [Stapor, 2018].

Table 2.2: Confusion matrix of a prediction model

		<b>Observed</b>	
		<i>Positive</i>	<i>Negative</i>
<b>Predicted</b>	<i>Positive</i>	True Positive (TP)	False Positive (FP)
	<i>Negative</i>	False Negative (FN)	True Negative (TN)

In order to evaluate the quality of the results obtained from different classifiers there are several parameters that can be estimated using the confusion matrix using the correctly and incorrectly predicted values, as seen in the Table 2.2

- *Accuracy*: the term is used to estimate how close is the obtained value from the realvalue in a ML model and can be obtained using the following formula:

$$Accuracy = \frac{TP + TN}{TP + FN + TN + FP} \quad (2.1)$$

- *Precision*: is a statistical metric used to evaluate the true positives obtained dividedby the total of true positives and false positives:

$$Precision = \frac{TP}{TP + FP} \quad (2.2)$$

- *Sensitivity*: also known as Recall, is a metric used to estimate the ability of the model to obtain positive results among all the positive results and is calculated using [Metz, 1978]:

$$Sensitivity = \frac{TP}{TP + FN} \quad (2.3)$$

- *F-Measure or F-Score*: is calculated using the harmonical mean between the precision

and sensitivity with reciprocal values as shown below [Taha and Hanbury, 2015]:

$$F - Measure = \frac{2}{Precision + Sensitivity} = \frac{2TP}{2TP + FP + FN} \quad (2.4)$$

- *Matthews correlation coefficient (MCC)*: also known as Phi coefficient establishes a correlation between the observed and predicted values. The results can be -1 for a negative correlation, 0 for no correlation and 1 for a positive correlation.

$$MCC = \frac{TP * TN - FP * FN}{\sqrt{(TP + FP)(TP + FN)(TN + FP)(TN + FN)}} \quad (2.5)$$

- *Area under the ROC curve*: The ROC curve is calculated using the True positive rate vs. The False positive rate, in binary model assessment is used as follows: the greater the area under the curve, the better the performance of the model.
- *Mean absolute error (MAE)*: is the sum of all the absolute differences between the observed value and predicted value is divided by the total number of sample observations [Willmott and Matsuura, 2005]:

$$MAE = \frac{1}{n} \sum_{i=1}^n |y_i - \bar{y}| \quad (2.6)$$

- *Root mean square error (RMSE)*: is the square root of the mean absolute error. The advantage of using this method is the error has higher sensitivity to atypical values [Hyndman and Koehler, 2006]:

$$RMSE = \sqrt{\frac{1}{n} \sum_{i=1}^n |y_i - \bar{y}|} \quad (2.7)$$



## 2.4 Machine learning and motion capture: Related works

Several MoCap advances have been developed over the last decade, with three dimensional motion systems considered the gold standard, followed by inertial sensor units and lastly by optical sensor systems, each one has their pros and cons in terms of cost and accuracy results. In a study carried out by Washaunbaugh et al. concluded that inertial sensor units are both accurate and repeatable in gait spatiotemporal assessment concluding the similar results as other experiments in terms of Lin's concordance coefficient (LCC) and minimal detectable change (MDC) [Washabaugh et al., 2017].

Table 2.3: Resume of related work investigations of machine learning classification algorithms for disease applications

<b>Comparative studies</b>			
<b>Algorithm type</b>	<b>Disease</b>	<b>Accuracy</b>	<b>Reference</b>
<i>Random Forest, SVM, and Naive Bayes</i>	Lumbar radiculopathy	88.45%, 86.87% and 86.08%	[Sharif Bidabadi et al., 2019]
<i>Linear regression and random forest</i>	Knee osteoarthritis	72.2% and 74.1%	[Kwon et al., 2020]
<i>Random Forest, Support Vector Machine, Decision Tree, and Logistic Regression</i>	Parkinson's disease	78.69%, 74.75%, 66.89% and 63.93%	[Aram et al., 2017]
<i>Logistic regression, Support vector machines, K-nearest neighbors, Gradient boosting, Decision trees, Random forest, and neural network algorithms</i>	Cervical Pain Assessment	86.6%, 95.4%, 83.7%, 87.7%, 91.8%, 83.4% and 87.1%	[de la Torre et al., 2020]
<i>K-nearest neighbors classifier and minimum distance classifier</i>	NNAA	99.77%	[Switonski et al., 2019]
<i>Support Vector Machine and Fruit fly optimization algorithm</i>	Chronic kidney disease	98.50%	[Jerlin Rubini and Perumal, 2020]
<i>Support Vector Machine</i>	Gait for Neurological Disease	93.90%	[Wang et al., 2020]
<i>Matlab based algorithm</i>	Posture detection	94.90%	[Klishkovskaia et al., 2020]
<b>Individual studies</b>			
<b>Algorithm type</b>	<b>Disease</b>	<b>Accuracy</b>	<b>References</b>
<i>Support Vector Machine</i>	Wart Disease	97.70%	[TALABANI and Engin, 2018]
	Parkinson's Disease	91.10%	[Das et al., 2011]
<i>Random Forest</i>	Parkinson's Disease	94.60%	[Kuhner et al., 2017]

The application of motion sensors has gained interest due to possible industrial applications for postural behavior analysis in ergonomics risks related to shoulder and low back pain with relevant results for prevention of worker distress in warehouses [Zhao et al., 2022]. The application of MoCap in low back pathologies has shown potential in the medical

field. Scholtes and colleagues reported a possible relation between lower limb mobility and LBP by comparing mobility angles and estimated distress on the lumbar area [Scholtes et al., 2009] and some other studies assess the validation and repeatability of motion capture technique for chronic and acute LBP assessment with marker-less motion capture systems showing promising results [Trinidad-Fernández et al., 2020]. However some factor to considerate when working with motion capture data is the high dimensionality of multivariable information of three dimensional models that consistently is represented in non-linear models [Långkvist et al., 2014] which can be a challenge in automation with algorithm classification.

Respect with machine learning applications of spatiotemporal data acquired from Mo-Cap technique for disease classification a few studies have presented the capabilities of algorithms in terms of algorithms, some other studies even compare the performance of algorithms for accurate classification of pathological conditions, see Table 2.3.

The present investigation was designed according to the work developed by the IDERGO investigation group from the University of Zaragoza who have developed a portable operative system compatible with inertial unit sensors denominated MoveHuman-Sensors (MH) with the purpose of improving biomechanical assessment of musculoskeletal activities with applications in health, sports or the industry. They have developed a work protocol based on physical evaluations of range of motion using different biomechanical testing systems [Marin, 2017].

# Chapter 3

## Methodology

### 3.1 Description of the Problem

Over the last decades the amount of medical information has increased exponentially and statistically the incidence cases of low back pain has doubled while the prevalence remains persistent. The development of medical tools to aid decision making can provide better outcomes for patients and optimize resources in the health care system, Figure 3.1.

### 3.2 Target definition

The objective of this phase was to obtain information that may determine a clear difference between pathological and healthy patients. It was necessary to recompile bibliographical information to set inclusion parameters for the variables needed in the investigation including age ranges, sex, geographical location, clinical history (chronic, acute or subacute pain).

The inclusion parameters were individuals aged from 18 to 65 years old divided in two groups: a pathological group medically diagnosed with low back pain and a control group with no physical sign of pain. Participants were required to have no previous physiotherapy treatments in the past six months nor pharmacological drugs for pain treatment.

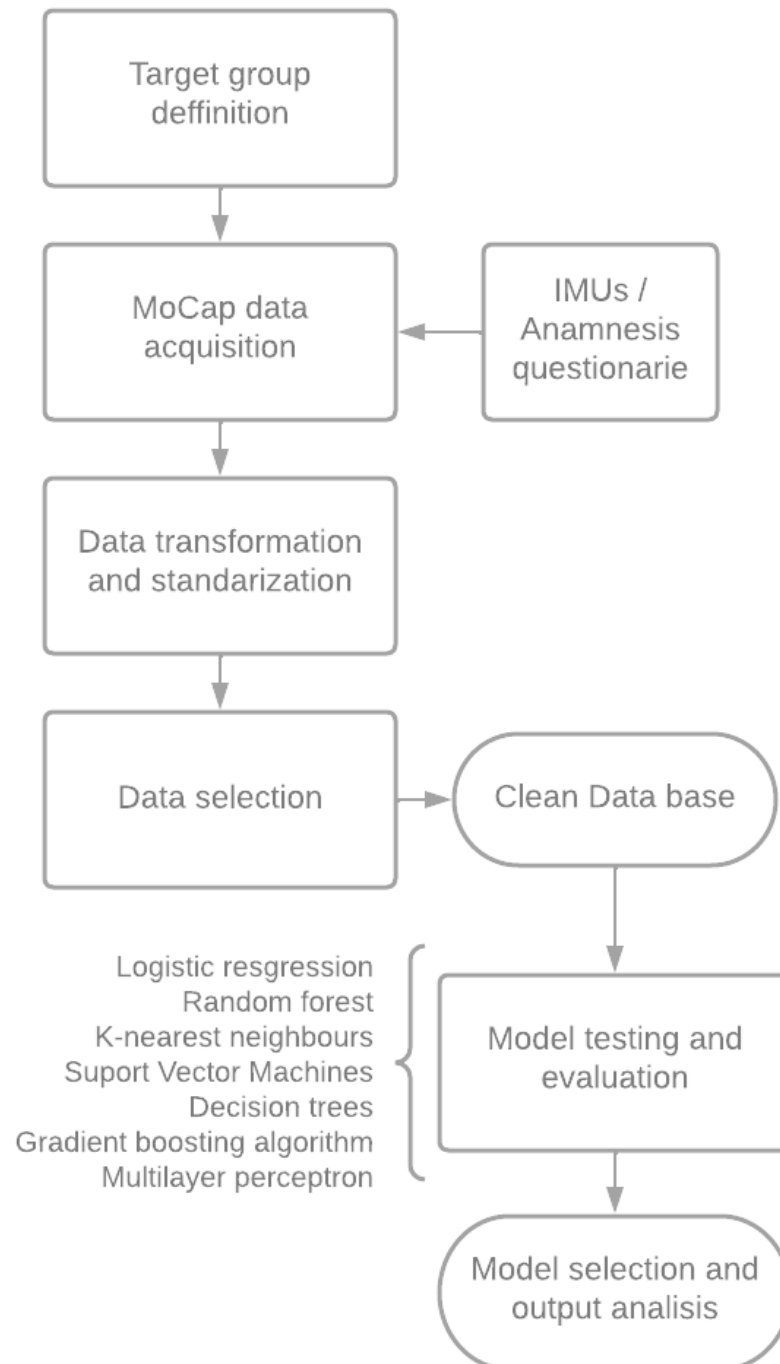


Figure 3.1: Methodology flowchart

## 3.3 Data acquisition

### 3.3.1 Ethics statement

Each patient was asked to sign a written informed consent containing information about the procedure and management. The protocol was developed according to the principles of the World Medical Association WMA Declaration of Helsinki and approved by the bioethics committee of the Pontifical Catholic University of Ecuador.

### 3.3.2 Data description

Information collected include variables such as: demographics (age, sex, height, body weight, body mass index) mainly acquired by filling an anamnesis form to register medical findings relevant to the investigation [Rodriguez, 1999]. Motion sensor information of spinal column articulation mobility in a three axial mobility assessment (flexion/extension, laterization and rotation). It is important to note all personal information from the patients was kept in anonymity according to the ethics committee.

The experimental procedure for motion data acquisition consisted of positioning of three motion sensors: one in the forehead, one in the 7th cervical vertebra (C7) and one in the sacrum region using elastic harnesses, it is very important to properly adjust the harnesses tightly to the body of the patient, otherwise the sensor could register abnormal unwanted movements (Figure 3.2). For the purpose of evaluating functionality of the spinal column in three active range of movement exercises: flexion-extension, laterization and rotation. The patients were asked to perform 2 series of 7 repetitions for each exercise. In case of mistakes an additional series of repetition was performed by the subject.

The purpose of biomechanical assessment is to evaluate the functional capacity of the lower region of the spinal column in relation to the pelvis with the use of sensors. A set of repetitive movements are required to evaluate low back pain:

- Flexo-Extension: starting from a standing up position, the patient must lean forward with arms extended reaching for the toes, then moving back to a neutral standing position and finally leaning back all the way in the sagittal plane, as seen in Figure 3.3.



Figure 3.2: Harness positions for biomechanical assessment of male patient with motion sensors.

- Rotation: with arms close to the chest cavity the patient must perform lateral rotations going from left to right in the horizontal plane while keeping the waist fixed, shown in Figure 3.4.
- Laterization: in a standing position and with a straighten back the patient must perform lateral movements on the frontal plane, Figure 3.5.

The biomechanical assessment must be performed in a repetitive sequence of 6 cycles for each exercise, it is important to maintain uniform speed and constant performance reaching the maximum range of motion without discomfort. Exercises are performed with help of trained personnel to provide guidance in correct execution and operating the inertial sensor units.

Once the evaluation is finished the software provides a report with 45 variables (15 for each exercise) regarding angles, speed and acceleration in tables with reference values for consistency evaluation. Additionally graphs with maximum and minimum values, changes in angular velocity to help clinicians take decisions on better treatment [Marin, 2017].

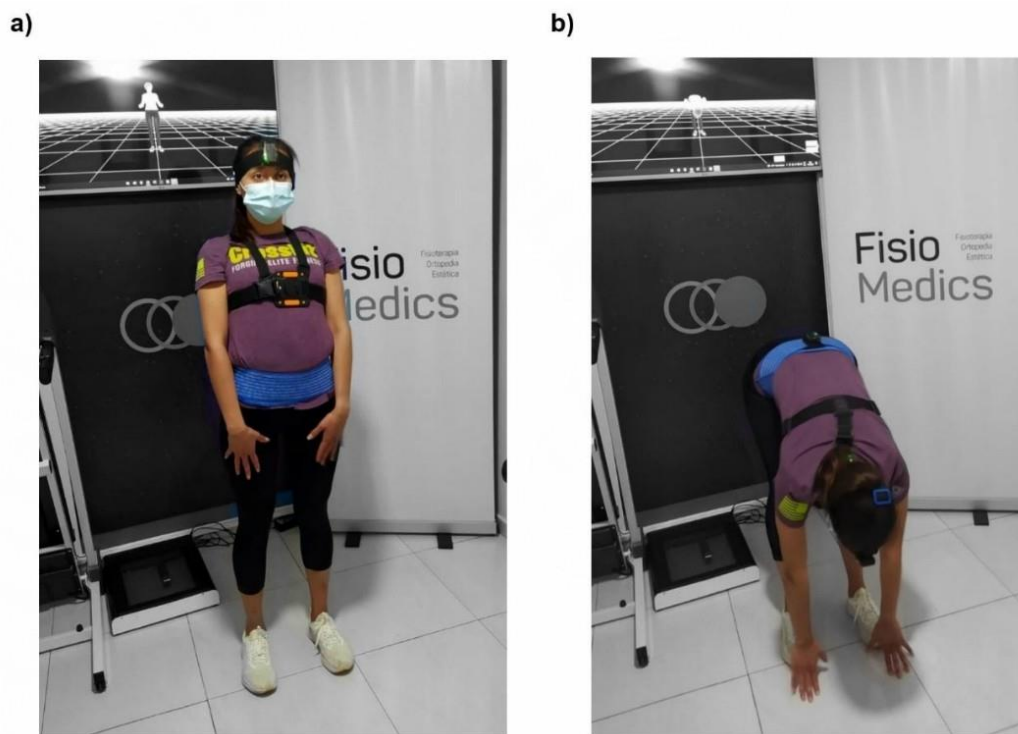


Figure 3.3: Flexo-Extension movement description: a) Extension position. b) Flexion position.

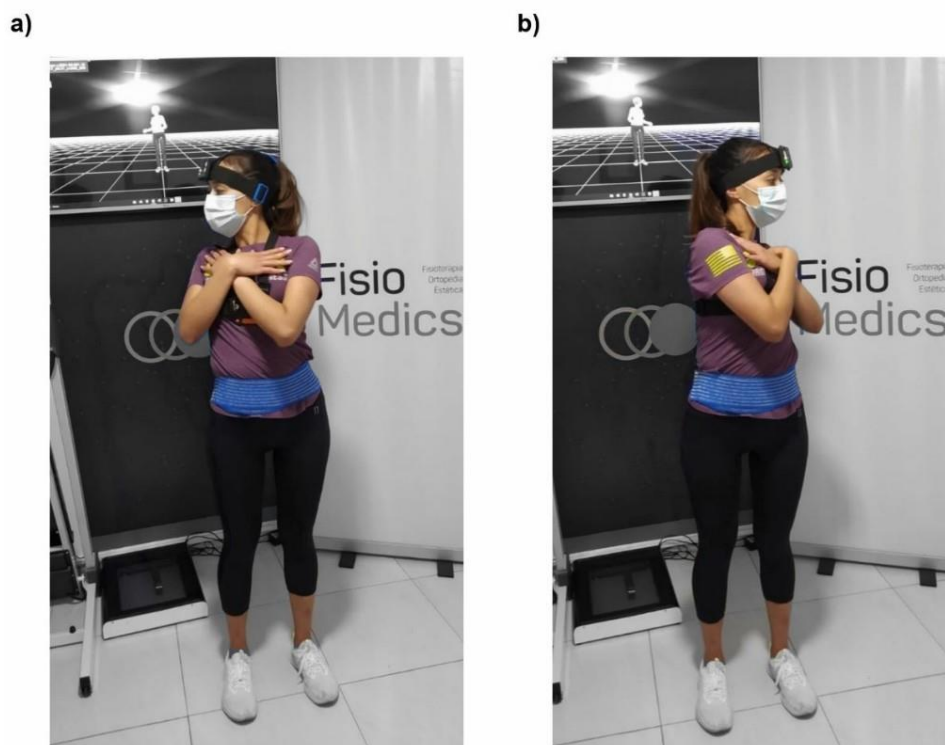


Figure 3.4: Description of the rotation movement a) Rotation towards the right side. b) Rotation towards the left side.

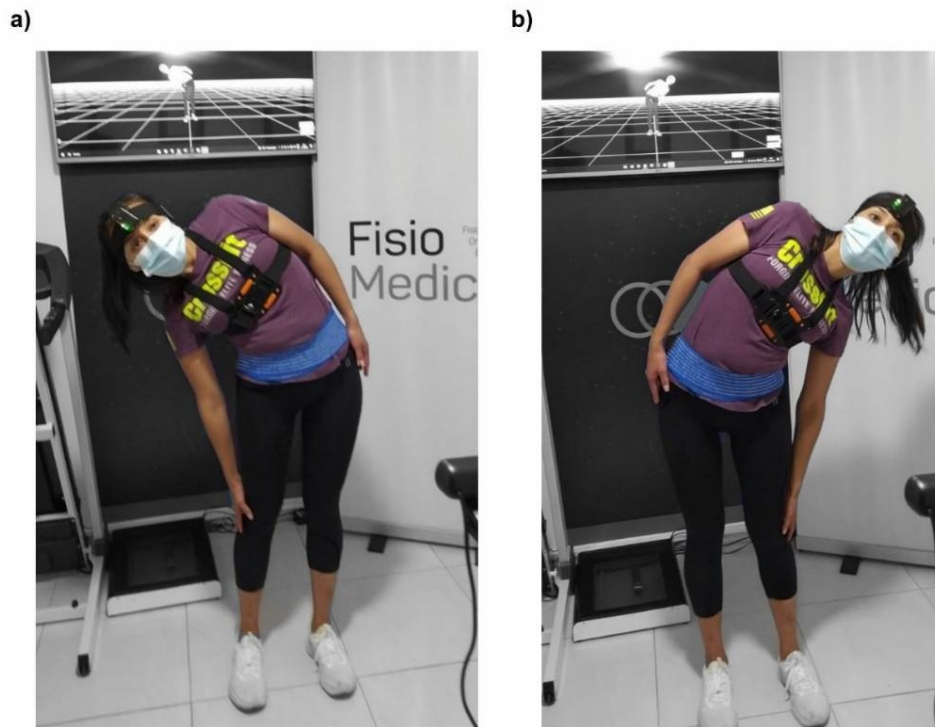


Figure 3.5: Laterization exercise description: a) Right body extension. b) Left body extension.

### 3.4 Data transformation and standardization

To reduce error in machine learning methods is important to homogenize the information available, such as working only with quantitative or qualitative data but not both or avoid complex variables composed of mathematical operations among simpler variables. In this study, after data set extraction each sample is organized for variable identification. It is necessary to convert of qualitative data from the anamnesis matrix into quantitative information. Furthermore, in this step it is essential to check the curve diagrams of patient movement generated by software MoveHuman to have a minimum of 6000 frame points and more than 6 peaks for angle as seen in Figure3.6, otherwise the program will not be able to calculate the movement of the patient (Annex .3).

### 3.5 Data selection

In this phase, it is important to perform a series of examination and correction techniques to eliminate non-consistent samples and reduce variables to avoid overparametrization of



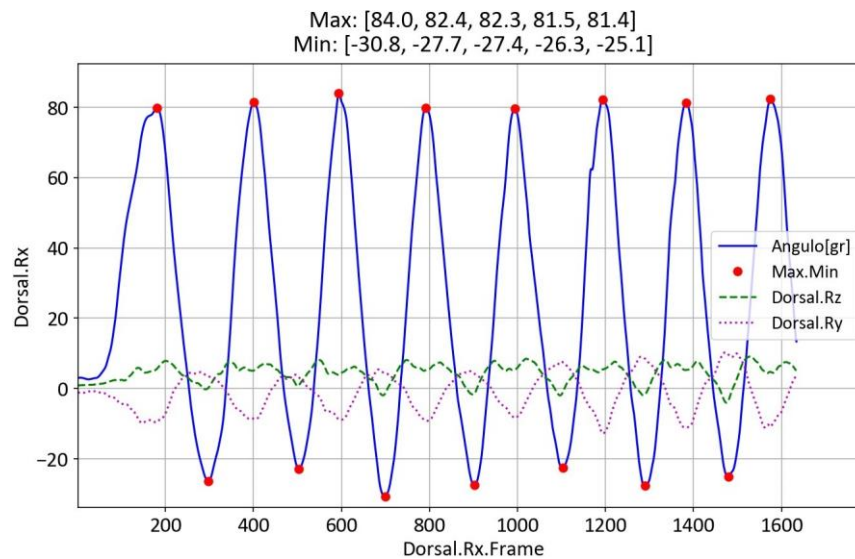


Figure 3.6: Curve diagrams of Flexo-Extension movement of a male patient. Positive values represent flexion phase and extension is represented by negative values.

the algorithms.

**Sample selection:** To evaluate the quality of acquired motion sensor samples, the acquired motion sensor data for the healthy and pathological groups is analyzed in the MoveHuman software. Abnormal values are expected as a result of sensor interference by inadequate exercise performance of the subjects, connectivity issues or presence of metallic objects. Filtration of non-usable samples such as incomplete series or missing values is necessary, for missing data the values are estimated using the group mean and samples with large portions of missing values can be eliminated to avoid bias.

**Variable selection:** The variables provided by the MH software are a total of 38 measures for each one of the exercises (Flexo/Extension, Rotation and Laterization):

- **Angles:** Length of the movement, angular velocity, maximum and minimum range, mean values, standard deviation and variation coefficient.
- **Velocity:** Maximum and minimum velocity, mean, standard deviation and variation coefficient.
- **Acceleration:** Maximum and minimum acceleration, mean, standard deviation and variation coefficient.

MoCaP data and clinical variables are integrated into a matrix for testing with ML

models. A total of 25 variables are divided as follows: 21 in MoCap variables (seven metrics for each exercise: Flexo/Extension, Rotation and Laterization) and 4 in clinical variables (age, sex, body mass index and educational level). An additional categorical variable was incorporated to predict the health status of a patient. It is important to remark that the number of variables was reduced with the purpose of avoiding overparameterization of the ML models by means of simplifying the information for the model, see Annex .4.

### 3.6 Model implementation and testing

The study focuses on the development of a medical tool to help medical professionals in the decision-making process. The tool uses classification algorithms to estimate a categorical variable, which indicates whether a patient is healthy or pathological. The algorithms that were used in this study are based on 25 variables, which can be used to predict the health status of a patient.

This phase is focused in evaluating and comparing the performance of machine learning model categorization after training. The software WEKA, is an open-source program developed by the Waikato University based in Java does not require coding for machine learning applications. Also, it is important to mention that the final version of the data set needs to be converted into “.arff” file format for compatibility with machine learning analysis tools. Finally, when the data was loaded, it is ready for training and test analysis.

**Classification models:** seven different machine learning techniques are used for categorization of values for pathological or not-pathological with the objective of performance evaluation and parameter adjustment for optimum results as seen in Table 3.1.

### 3.7 Model evaluation and selection

A cross-validation technique was employed to evaluate the performance of the classification models used in the study. Each of the models was trained and tested using 10-fold cross-validation

The evaluation metrics obtained are precision, sensitivity, percentage of accuracy, F-measure, area under the ROC curve (AURC) and Matthew’s correlation coefficient (MCC).

Table 3.1: Hyperparameter adjustment for each classification model

<b>Classifier model</b>	<b>Parameter adjustment</b>
<i>Logistic Regression</i>	Ridge Value in five segments from 1.0E-2 to 1.0E-10.
<i>Decision tree</i>	Confidence factor (0.15, 0.25, 0.35) and Instances per leaf (1,2,5,10,15,20).
<i>Random Forest</i>	Tree depth (0,1,2,3) and Number of trees (25, 50, 100, 150).
<i>SVM</i>	Complexity parameter (0.25, 0.5, 1, 1.5, 2). Tolerance 10.E-3. Kernel variation (Polykernel, Normalized Polykernel, RBF, PUK).
<i>K-nearest neighbors</i>	Distance metric: Euclidean, Manhattan and Filtered distance. Number of trees (5, 15, 15, 20, 30).
<i>Multilayer perceptron</i>	Momentum (0.1, 0.3, 0.5). Learning factor: in six segments from 0.1 to 0.8.
<i>Gradient boosting</i>	Learning rate: 0.01, 0.1, 0.5, 1, 2, 3. Loss function: hinge loss and Log loss.

The error for each model was calculated using root mean squared error (RMSE) and mean absolute error (MAE).

# Chapter 4

## Results

### 4.1 Database results

For 6 months, 78 patients were evaluated through multiple series of repetitions of axial exercises using MoCap technology, of which 40 patients had been diagnosed with acute or chronic conditions and the remaining 38 patients presented no signs of LBP. A series of classification algorithms were trained and tested with 10-fold cross validation with the objective of automating categorical identification of pathological and healthy status. In this study, a total of 150 samples were selected with the intention of training machine learning (ML) models (Figure 4.1). To ensure the accuracy and reliability of the training results, the selected samples were separated in two groups: 75 samples for pathological patients and 75 samples for healthy patients. For every sample, 25 independent variables were used to the purpose of classify the dependent variable, of which the status of the patient was binary (pathological or healthy), for complete database see Annex .1.

### 4.2 Machine learning results

#### 4.2.1 Classification models parameter adjustment

After performing the optimization of the parameters, the highest accuracy value corresponded to Support Vector Machine (SVM) with the 95.3% accuracy using a configuration of 1.5 in the complexity parameter and Pearson VII Universal Kernel (PUK). The following best model was the Multilayer perceptron with an accuracy of 92.67% using a configura-

Table 4.1: Resume of the 25 motion sensor and demographic variables after filtration of the database.

Type	Variable	Movement type
<i>MoCap Data</i>	Total Length (°)	
	Angular Velocity	Flexo-Extension Rotation
	Max Range	Laterization
	Max/Min Value	
	Max/Min Speed	
<i>Demographics</i>	Age, Sex, BMI, Educational level	

tion of Momentum: 0.5 and Learning factor of 0.8. Continued by the Random Forest classification with 92% accuracy with 150 trees and tree depth equal to zero. Next by the Logistic regression algorithm with 86.7% accuracy by adjusting the ridge value to  $1.0^{-4}$  and batch size of 150. Then, the Gradient boosting algorithm achieved an accuracy rate of 82% by using a learning rate of 0.5 and hinge loss to determine the optimal hyperplane. Finally, both K-nearest neighbors and Decision tree obtained 81.3% accuracy using one instance per leaf with a confidence factor of 0.35 and a number of trees of 10 with filtered distances, respectively. These results are shown in Figure 5.1a-g. The results demonstrate the effectiveness of these algorithms in accurately classifying the dataset.

#### 4.2.2 Machine learning model evaluation

Seven different classification algorithms were used to determinate their efficiency in accurately classifying the target variable as seen in the Table 4.3. The results showed that all models had an accuracy rate of over 80%. Nevertheless, after performing parameter optimization Support Vector Machine (SVM), Random Forest and Multilayer Perceptron (MLP) algorithms stood out as the most effective with accuracy rates exceeding 90%. A similar behavior is observed in sensitivity, precision and F-measure. Moreover, Random Forest, Logistic regression, SVM and Multilayer Perceptron had an Area Under the ROC curve (AURC) above 0.9 showing high reliability of the models based on the interactions of the obtained values from the Confusion matrix 2.2. With respect to error evaluation it found that the K-nearest neighbors algorithm had the highest mean squared error (MSE)

Table 4.2: Confusion matrix of the seven classification algorithms

Classifier Type	Actual value	Predicted value	
		Normal	Pathological
<i>Logistic Regression</i>	Normal	66	9
	Pathological	11	64
<i>Decision tree</i>	Normal	60	15
	Pathological	13	62
<i>Random Forest</i>	Normal	70	5
	Pathological	7	68
<i>SVM</i>	Normal	75	0
	Pathological	7	68
<i>K-nearest neighbors</i>	Normal	61	14
	Pathological	14	61
<i>Multilayer perceptron</i>	Normal	71	4
	Pathological	7	68
<i>Gradient boosting</i>	Normal	61	14
	Pathological	13	62

Table 4.3: Classification machine learning algorithms metric results

Classifier Type	Accuracy (%)	Precision	Sensitivity	F-measure	AURC
<i>Logistic Regression</i>	86.67%	0.867	0.867	0.867	0.908
<i>Decision tree</i>	81.33%	0.814	0.813	0.813	0.859
<i>Random Forest</i>	92.00%	0.92	0.92	0.92	0.977
<i>SVM</i>	95.33%	0.957	0.953	0.953	0.953
<i>K-nearest neighbors</i>	81.33%	0.813	0.813	0.813	0.869
<i>Multilayer perceptron</i>	93.00%	0.927	0.927	0.927	0.936
<i>Gradient boosting</i>	82.00%	0.82	0.82	0.82	0.82

Table 4.4: Error evaluation of machine learning results

Classifier Type	Correct Class	Incorrect Class	MAE	RMSE	MCC
<i>Logistic Regression</i>	130	20	0.1523	0.3283	0.734
<i>Desision tree</i>	122	28	0.1937	0.4157	0.627
<i>Random Forest</i>	138	12	0.2269	0.2844	0.84
<i>SVM</i>	143	7	0.0467	0.216	0.911
<i>K-nearest neighbors</i>	122	28	0.3107	0.3958	0.627
<i>Multilayer perceptron</i>	139	11	0.1277	0.2755	0.854
<i>Gradient boosting</i>	123	27	0.1805	0.4243	0.64

value of 0.3, indicating an inferior predictive capability in comparison with the group. In addition, the Decision tree and Gradient boosting algorithms exhibited poor performance in terms of the root mean squared error (RMSE) and Matthews correlation coefficient (MCC), with the lowest recorded values as seen in the Table 4.4.

# Chapter 5

## Discussion

The algorithms that showed the best performance, with accuracy rates of over 90%, were the Random Forest, Support Vector Machine (SVM), and Multilayer Perceptron (MLP) after parameter optimization. These findings suggest that parameter optimization plays a crucial role in enhancing the performance of the classification algorithms. The high accuracy rates achieved by these models indicate their potential for use in various applications, such as disease diagnosis and classification, anomaly detection, and predictive modeling. Support Vector Machines (SVM) was consistently the best performing algorithm among the seven models tested with the highest statistical results in all metrics and lowest error for MAE and RMSE. Followed by Multilayer perceptron and Random forest which had very similar metric values, however although Multilayer perceptron presented a better accuracy, Random forest obtained a significantly better AURC which means that it can be considered a more reliable model than Multilayer perceptron. The remaining algorithms in general show a good performance with  $\geq 80\%$  accuracy.

The acquired results show a satisfactory performance for classification algorithms in the context of accuracy, precision, sensitivity, MAE and RMSE demonstrating viability of the analysis of spatiotemporal information originated from motion capture using machine learning tools. Regarding the application of classifiers for abnormal range of ROM assessment of LBP, it's important to have the best possible performance to avoid the presence of false positive or false negatives given the importance of miss-classification in diagnosis and prognosis in the medical field. SVM was effortlessly the most feasible algorithm on account of its outstanding performance in comparison with the rest of the



algorithms.

One possible explanation for the obtained values of the classification models could be attributed to the limited sample size. With a small sample size, the variability of the data may not be fully captured, leading to the possibility of biased results. Although it would have been desirable to work with a larger sample size, due to the COVID-19 pandemic and the implementation of strict biosecurity measures in healthcare centers it was not possible to collect a larger sample, to solve this issue multiple exercise repetition per patient allowed to duplicate the data samples from the same subject and increasing algorithm training data. Despite this limitation, the obtained results are still significant and provide relevant information about the effectiveness of the different algorithms in classifying the dataset.

Another important factor to consider in building machine learning model is overparametrization or underparametrization can seriously can affect the results, to solve this problem two measures are taken into account: variable reduction and hyperparameter adjustment for each one of the classification models. Working with inertial sensor units has an important beneficial factor, given the amount of sensors in multiple locations of the body in combination with multi-axial exercises during biomechanical assessment resulting in a significant amount of numerical information, however it can lead to overparametrization due to the high complexity of the data, hence the importance of correlation testing to evaluate the predictive capabilities of the independent variables respect the desired variable to discard unnecessary data, Weka offers integrated tools for variable predictive correlation ranking that simplify feature extraction, see Annex .2. But in addition to database optimization, hyperparameter optimization is the most important factor to determine the obtained results, several values for each model were tested, as seen in Figure 5.1 to obtain the best performing results. The present investigation propose a solution to increased parameter complexity in multidimensional time sequences produced by motion capture by using ML supervised classifiers to accurately identify abnormalities in ROM angles and provide a binary output of simple understanding for LBP assessment.

Nowadays ROM assessment is commonly performed with the Schober Test that uses measuring tapes or a double inclinometer to calculate the difference in ranges of movement from starting position to different displacement positions and just a few years ago the gold standard for measuring angular changes in the lumbar spine was using radiography images.

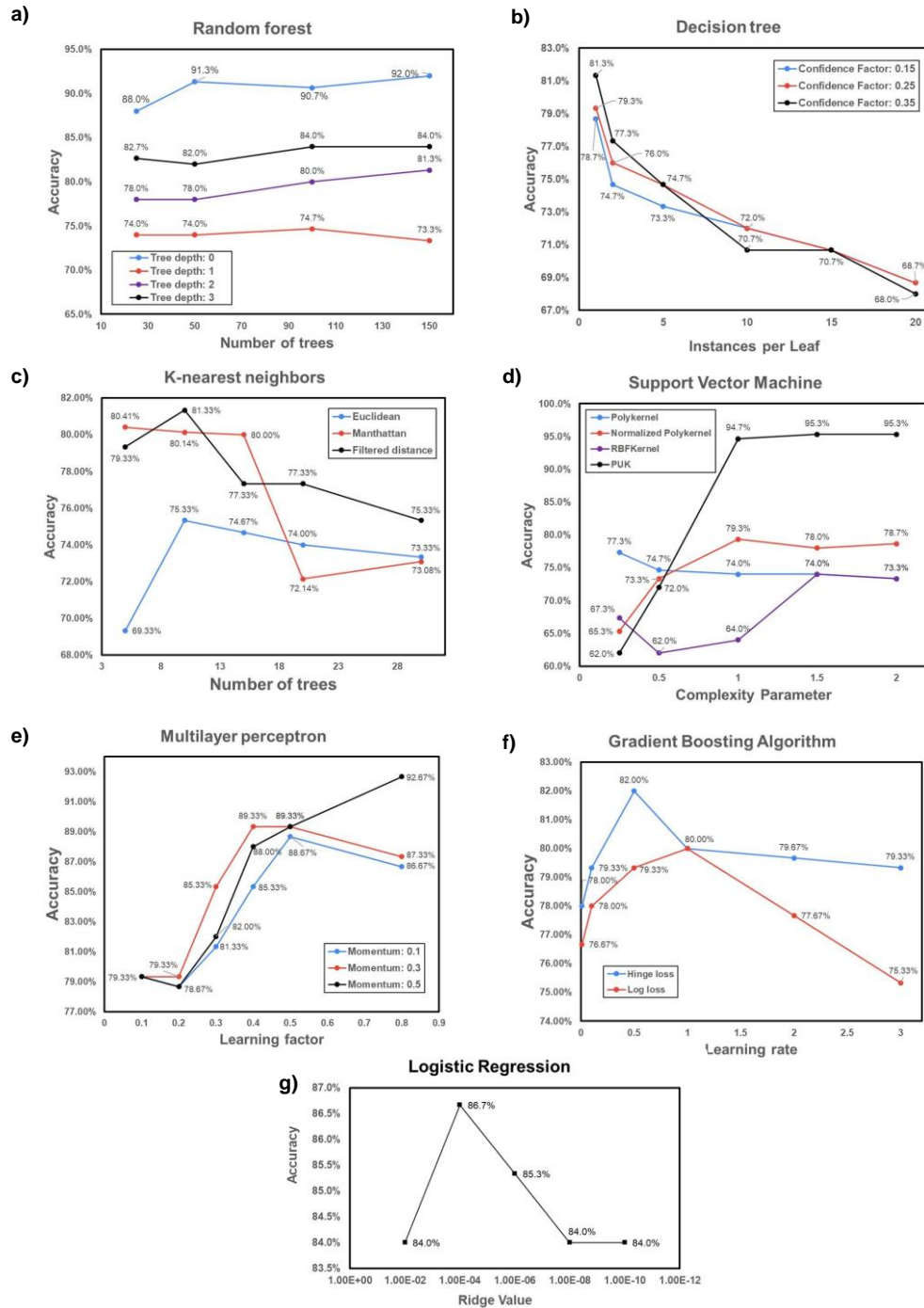


Figure 5.1: Performance plot of changes of hyperparameter optimization of the machine learning algorithms: a) Random Forest, b) Decision tree, c) K-nearest neighbors, d) Support Vector Machine, e) Multilayer Perceptron, f) GBA, g) Logistic regression.

to trace line for angle determination [Tousignant et al., 2005]. In this project inertial sensor units are incorporated to acquire precise spatiotemporal information with a noninvasive technique, thus allowing to incorporate machine learning applications. Given this is a very contemporary field very little is known about the applications of classification ML algorithms to diagnose LBP or in coordination with MoCap data.

The present investigation was based in the work of De la Torre et. al that used a similar methodology for cervical spine assessment in the evaluation and comparison of ML techniques and the obtained results share similarities with the present study, proving the methodology can be viable and reproducible for biomechanical assessment of medical conditions related to the spinal column [de la Torre et al., 2020]. In addition to the methodology of Talabani et. al that evaluates the performance of SVM kernel type variations. Given that the achieved results of the present investigation share concordance with the previously described works we can presume the application of ML classifiers in medicine are reproducible, however, it's important to remark that variation in results can be expected in classification techniques simply by employing a different dataset, hyperparameter testing is advised regardless of a close follow up methodology procedure. Some related studies have applied ML classifiers demonstrating changes of parameters resulted in accuracy results variation, similarly for calculated error across different treatments for the same disease, parameter should be adjusted regardless [TALABANI and Engin, 2018].

The application of motion sensors for range of motion (ROM) evaluation offers the possibility to enhance the comprehension of LBP that still remains a highly difficult to identify the source in most of the cases treatment is administered with nonspecific diagnosis. The potential of MoCap in ROM analysis should be considered on the long term is an important field for better diagnosis and prevention of musculoskeletal diseases. For instance, several musculoskeletal factors involve the incidence of LBP, it has been stated that lateral flexion and hamstring restriction ROM are related to the increased chance of LBP [Sadler et al., 2017].

Some of the limitations of this work were that it wasn't possible to test the effectiveness of the classification results in real time with patients to evaluate the extends of clinical applicability in view of the fact that the classification models were tested and compared after MoCap data acquisition was complete due to data transformation and filtering. Addition-

ally the software tools MoveHuman and Weka heavily simplified data extraction and feature analysis but may be a limiting factor for reproducibility. Weka is a machine learning tool with several applications for classification, regression, clustering and more. Some studies have proven its utility for medical applications [Bharati et al., 2018, Findlow et al., 2008] and outperformed regular methods using machine learning for prediction of outcomes [Singal et al., 2013]. However an important disadvantage of using a non programming machine learning software is the reduction of parameter adjustment which is limited to the available options listed on the program.

Recommendations for future studies involve increasing the number of participants to assure a significantly large dataset and acquire better classification results in terms of the described metrics and errors, another consideration is to incorporate a pain/functionality questionnaire to explore additional variables of importance such as Roland-Morris questionnaire or the Oswestry Low Back Pain Disability Questionnaire [Beattie and Maher, 1997], since MoCap data provides a vast amount of features with a nonlinear relationship, not all of them have a significant correlation and difficult a classification model construction, the addition of significant features relevant to LBP pathology may help improve obtained results.

# Chapter 6

## Conclusions

The origin of LBP is uncommonly understood before treatment assignment, new diagnostic tools are required to provide a better insight of the condition of patients and prevent transition from acute to chronic cases. Range of motion assessment or ROM can help to estimate the physical state of the articulations of the body, the most common practice is the Schober Test that uses a double inclinometers or measuring tapes to estimate angle changes in the lumbar spine. With the application of inertial sensor units it is possible to acquire reliable metrics of the biomechanical capabilities of the spine by performing multi-axial range movements, allowing to incorporate sophisticated artificial intelligence techniques such as machine learning classifiers with motion sensors demonstrating an effective automated alternative for identification of healthy vs. pathological patients with all ML models having >80% of accuracy. The most effective algorithms were SVM, Random forest and Multilayer perceptron that achieved more than 90% of accuracy.

MoveHuman and Weka software can heavily simplify the application of machine learning for several applications given its non-coding interface can provide fast analysis for classification and regression models, as well as feature extraction, is a great alternative for medical applications.

The application of machine learning tools in coordination with motion capture for biomechanical ROM assessment can successfully estimate the physical state of the articulations of the lumbar spine region, by combining the automation of data analysis using ML techniques, it is possible to obtain more efficient results that help in the diagnosis of patients with LBP. One of the potential applications of the present study is to establish a

metric for health insurance or physical rehabilitation centers and to establish a projection of economic investment per patient by optimization of the process by working in coordination with health care centers and increase the amount of available information.

### **6.0.1 Future works**

Additional studies should focus on improve data collection and increase data samples for more ML precise model construction and inclusion of sophisticated techniques such as deep learning, new ML algorithms are appearing which presents better performances in the classification of patterns with automatically features extraction without human intervention. This type of ML algorithms is known as deep learning [[Awais et al., 2021](#)]. Some deep learning algorithms used are convolutional neural networks (CNN), recurrent neural networks (RNN) and long short-term memory (LSTM) networks and the incorporation of this tools may be included to help establish optimal patient rehabilitation with a personalized scope [[Wang et al., 2021b](#)]. Future work, is focused in the viability of the application of machine learning categorization of healthy and pathological state of muscle groups associated with movement in patients with LBP by means of using MoCap in multiaxial exercise characterization to enhance personalized physical therapy.

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# **Appendices**



51	117.50066	56.703982	84.277818	66.492797	-27.85555	188.86444	-135.16134	0.703247	75.652839	52.114456	63.397786	27.847021	55.468004	120.84611	-106.756	-0.078699	90.881563	63.322095	74.052861	31.534973	-40.517888	106.412787	104.08401	-0.866094	100	45	21.7132088	0		
52	115.54529	60.193065	88.37792	72.312481	-15.32455	121.669882	-114.54348	0.115244	61.161795	62.836471	60.520439	44.055009	-46.431707	86.298984	186.9987	-0.420086	61.164609	63.999799	53.259024	77.975561	105.07786	91.477866	105.07786	104.08401	-0.866094	100	29	25.7953196	0	
53	156.42331	46.381435	114.42859	94.798472	-21.95954	124.80379	-122.11804	0.000000	108.49726	46.879975	82.148437	40.540001	-11.008137	86.298984	186.9987	-0.420086	61.164609	63.999799	53.259024	77.975561	105.07786	91.477866	105.07786	104.08401	-0.866094	100	42	25.7953196	0	
54	104.41077	64.641517	72.815159	53.428796	-20.38049	116.42487	-97.091974	0.001098	129.467714	52.519661	80.277278	43.131313	-46.60942	81.475347	181.9108	-0.272755	61.880008	62.051035	62.086233	32.889224	-38.0703	72.004306	69.449137	0.794806	50	47	25.8443334	0		
55	64.41077	64.641517	72.815159	53.428796	-20.38049	116.42487	-97.091974	0.001098	129.467714	52.519661	80.277278	43.131313	-46.60942	81.475347	181.9108	-0.272755	61.880008	62.051035	62.086233	32.889224	-38.0703	72.004306	69.449137	0.794806	50	25	26.8660418	0		
56	69.953408	24.651104	53.808307	50.955288	-2.853085	61.408102	-61.517122	-0.481020	109.344477	48.091835	82.755008	37.304445	-45.348455	84.158256	-92.200899	-0.252108	130.646755	76.382892	91.477866	46.542007	-44.932508	75.393248	88.38254	-0.664795	100	24	28.1814236	0		
57	128.794102	50.719408	84.279924	64.154158	-10.12817	124.114489	-138.05982	117.448206	-140.30444	0.800639	104.427002	70.289929	74.661430	-36.629258	146.739139	-133.34122	-0.432311	78.093454	18.866126	61.460238	31.565935	-27.95414	88.728817	69.104163	-0.787916	100	22	27.4394464	0	
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59	128.794102	50.719408	84.279924	64.154158	-10.12817	124.114489	-138.05982	117.448206	-140.30444	0.800639	104.427002	70.289929	74.661430	-36.629258	146.739139	-133.34122	-0.432311	78.093454	18.866126	61.460238	31.565935	-27.95414	88.728817	69.104163	-0.787916	100	22	27.4394464	0	
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63	70.786674	29.207981	56.905416	43.908378	-11.994154	124.848202	-124.848202	56.301281	46.701468	0.448288	60.868031	53.973728	22.3241416	-31.248891	124.762521	-100.034	-0.898254	95.219729	64.003172	71.419284	39.853046	-23.55098	80.835524	64.796625	-0.829712	50	50	28.1604266	0	
64	59.548638	22.207981	56.905416	43.908378	-11.994154	124.848202	-124.848202	56.301281	46.701468	0.448288	60.868031	53.973728	22.3241416	-31.248891	124.762521	-100.034	-0.898254	95.219729	64.003172	71.419284	39.853046	-23.55098	80.835524	64.796625	-0.829712	50	50	28.1604266	0	
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66	60.020709	14.7242018	46.819133	29.666792	-16.862318	47.020328	-42.28661	0.841199	77.444838	31.150761	63.650076	33.1669181	-30.58899	67.07308	-76.379788	-0.571944	42.922405	1.486485	43.042743	21.574668	-21.43807	48.424886	51.874825	-0.4482001	50	42	25.8423334	0		
67	75.910131	37.795166	64.991609	50.668341	-14.92317	100.54502	-105.88662	0.531346	131.467378	57.807124	93.616308	46.438159	-48.178156	113.032421	-105.27132	-0.665384	80.8148046	67.070113	64.405186	34.544839	-29.40014	66.208356	74.202372	0.7146886	50	42	25.8423334	0		
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69	127.23887	42.552944	61.202049	63.4459824	-17.55063	111.18844	-79.540075	0.712659	101.967478	38.119758	70.651042	34.670407	-55.930702	55.930702	46.80419	-74.516381	-0.654449	73.909776	11.628362	61.635807	31.766749	-27.975121	48.420789	53.51879	-0.7964406	50	25	26.8660418	0	
70	79.295177	63.847002	77.286691	65.07386	-17.92452	104.43299	-128.27078	0.8346169	59.207247	37.693044	67.674541	21.028182	-26.648196	84.294190	-109.13451	-0.602354	39.389825	64.012795	34.580101	-29.344678	66.146853	76.124314	-0.786051	100	45	21.7405148	0			
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72	80.363818	11.989274	62.861931	46.913425	-15.63051	122.45888	-52.42107	0.684879	107.01944	30.01819	79.710116	39.01585	-40.68013	60.2428504	-68.83935	-0.508174	42.922405	1.486485	43.042743	21.574668	-21.43807	48.424886	51.874825	-0.4482001	100	34	24.7405148	0		
73	96.295177	63.847002	77.286691	65.07386	-17.92452	104.43299	-128.27078	0.8346169	59.207247	37.693044	67.674541	21.028182	-26.648196	84.294190	-109.13451	-0.602354	39.389825	64.012795	34.580101	-29.344678	66.146853	76.124314	-0.786051	100	45	21.7405148	0			
74	108.381818	11.989274	62.861931	46.913425	-15.63051	122.45888	-52.42107	0.684879	107.01944	30.01819	79.710116	39.01585	-40.68013	60.2428504	-68.83935	-0.508174	42.922405	1.486485	43.042743	21.574668	-21.43807	48.424886	51.874825	-0.4482001	100	34	24.7405148	0		
75	96.295177	63.847002	77.286691	65.07386	-17.92452	104.43299	-128.27078	0.8346169	59.207247	37.693044	67.674541	21.028182	-26.648196	84.294190	-109.13451	-0.602354	39.389825	64.012795	34.580101	-29.344678	66.146853	76.124314	-0.786051	100	45	21.7405148	0			
76	80.363818	11.989274	62.861931	46.913425	-15.63051	122.45888	-52.42107	0.684879	107.01944	30.01819	79.710116	39.01585	-40.68013	60.2428504	-68.83935	-0.508174	42.922405	1.486485	43.042743	21.574668	-21.43807	48.424886	51.874825	-0.4482001	100	34	24.7405148	0		
77	78.348478	21.108888	69.434858	51.806176	-17.83038	65.919189	-167.751	0.447205	121.024665	26.608807	101.14444	51.444255	-49.28879	80.078243	-61.462871	-0.286847	126.34444	15.741081	93.100669	44.698103	-48.4037	101.126915	104.62306	-0.489781	50	24	27.4624726	0		
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79	57.646395	27.266598	55.815807	41.428729	-14.39285	62.814449	-49.24883	0.470722	102.258481	21.834866	76.5104701	39.97568	-25.403941	-20.10397	144.19886	-141.12289	-0.92543	88.814688	61.384168	71.174371	37.976798	-33.9757	78.677028	41.999926	-0.773473	50	50	28.1604266	0	
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83	120.9307	37.292874	92.612558																											



## .2 Annex: Weka ranking of variable predictive capabilities

=== Run information ===

```
Evaluator:   weka.attributeSelection.ClassifierAttributeEval DEFAULT --
Search:     weka.attributeSelection.Ranker -T -1.7976931348623157E308 -N -1
Instances:  150
Attributes:  26
            Rx. 01. Length. 10
            Rx. 02. Vel
            Rx. 03. MaxRange
            Rx. 05. Max
            Rx. 10. Min
            Rx. 15. Speed. Max
            Rx. 20. Speed. Min
            Ry. 01. Length. 10
            Ry. 02. Vel
            Ry. 03. MaxRange
            Ry. 05. Max
            Ry. 10. Min
            Ry. 15. Speed. Max
            Ry. 20. Speed. Min
            Rz. 01. Length. 10
            Rz. 02. Vel
            Rz. 03. MaxRange
            Rz. 05. Max
            Rz. 10. Min
            Rz. 15. Speed. Max
            Rz. 20. Speed. Min
            Sexo
            Edad
            Nivel Estudios
            BMI2
            Estado
Evaluation mode:  evaluate on all training data
```

=== Attribute Selection on all input data ===

Search Method:

Attribute ranking.

Attribute Evaluator (supervised, Class (nominal): 26 Estado):Classifier  
feature evaluator

Using Wrapper Subset Evaluator

Learning scheme: weka.classifiers.rules.ZeroR

Scheme options:

Subset evaluation: classification accuracy

Number of folds for accuracy estimation: 5

Ranked attributes:

0 25 BMI2  
0 12 Ry. 10. Min  
0 8 Ry. 01. Length. 10  
0 9 Ry. 02. Vel  
0 10 Ry. 03. MaxRange  
0 7 Rx. 20. Speed. Min  
0 6 Rx. 15. Speed. Max  
0 5 Rx. 10. Min  
0 2 Rx. 02. Vel  
0 3 Rx. 03. MaxRange  
0 4 Rx. 05. Max  
0 11 Ry. 05. Max  
0 13 Ry. 15. Speed. Max  
0 24 Nivel Estudios  
0 14 Ry. 20. Speed. Min  
0 21 Rz. 20. Speed. Min  
0 22 Sexo  
0 23 Edad  
0 20 Rz. 15. Speed. Max  
0 19 Rz. 10. Min

- 0 18 Rz. 05. Max
- 0 15 Rz. 01. Length. 10
- 0 16 Rz. 02. Vel
- 0 17 Rz. 03. MaxRange
- 0 1 Rx. 01. Length. 10

Selected attributes: 25, 12, 8, 9, 10, 7, 6, 5, 2, 3, 4, 11, 13, 24, 14, 2//  
 1, 22, 23, 20, 19, 18, 15, 16, 17, 1 : 25

### .3 Annex: Revision and correction of the curves generate with the MoveHuman interface

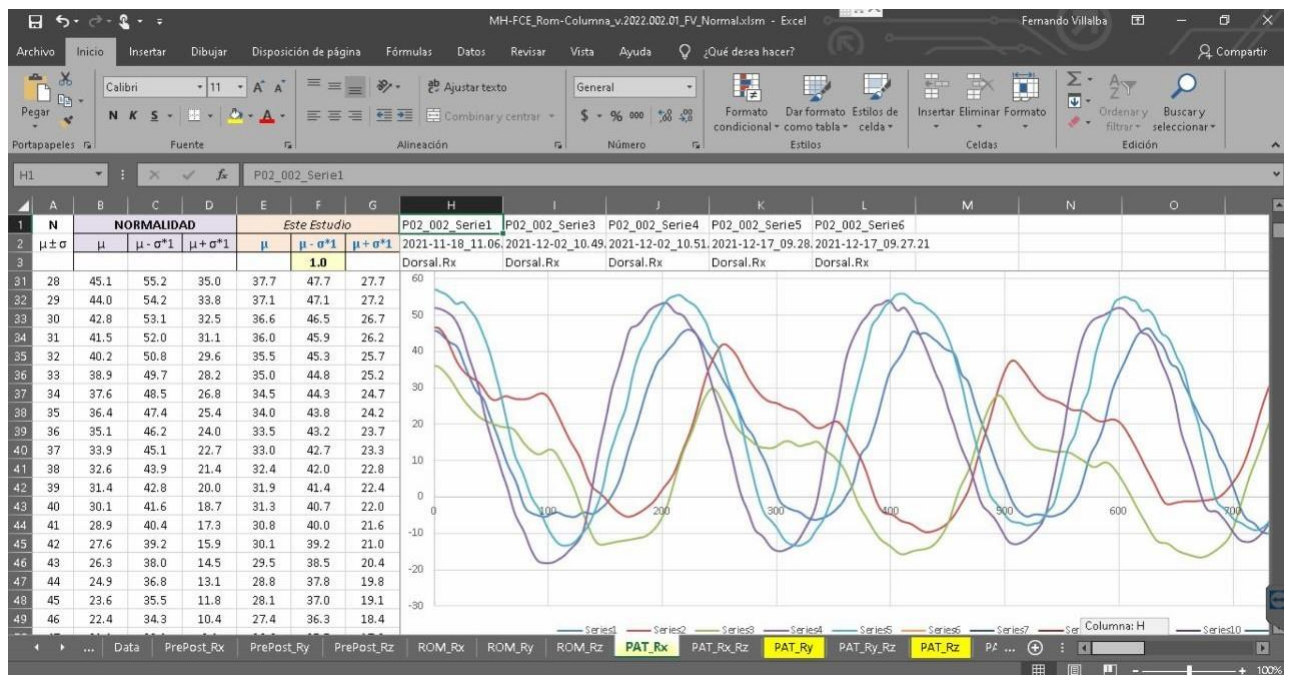


Figure 2: Evaluation and analysis of curves generated using angular changes.

### .4 Annex: Reports generated with the MoveHuman software





## PRUEBA DE BIOMECÁNICA DE COLUMNA LUMBAR Y DORSAL

Fecha  
02 de mayo de 2023

Prueba desarrollada por el grupo de investigación IDERGO (Investigación y desarrollo en ergonomía)  
Universidad de Zaragoza.

<http://idergo.unizar.es/>

v.19-07.011

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# 1. MÉTODO Y VALORACIÓN DE LA COLUMNA CERVICAL.

## 1.1 OBJETO DE LA PRUEBA.

La prueba de valoración de la columna lumbar y dorsal se realiza con el propósito de valorar la capacidad funcional de la columna, así como la consistencia en la ejecución de la misma. En esta prueba se trata de objetivar alteraciones de la movilidad articular del paciente. En concreto se valorará su capacidad funcional en relación a los datos de referencia de una muestra de individuos sanos analizada, así como el grado de colaboración que ha mostrado durante la prueba.

## 1.2 TECNOLOGÍA.

El método utilizado se basa en la captura del movimiento mediante un sistema de análisis tridimensional del movimiento (*MoveHuman-Sensors* ©UZ) basado en sensores inerciales que se fijan en las zonas corporales a evaluar. En este caso se fijan sensores en la zona pélvica (sacro) y dorsal (D2). Se utiliza el sistema de referencia de la fig 1.



Fig 1. Sistema de referencia

## 1.3 MOVIMIENTOS ANALIZADOS.

Los movimientos que se analizan en la columna lumbar y dorsal son los siguientes (fig.2):

- **Flexión-extensión (Rx).** Corresponde al movimiento de la columna en el plano sagital. La flexión es un movimiento hacia adelante desde la posición neutra del tronco (valor positivo) y la extensión un movimiento hacia atrás desde esa misma posición (valor negativo). Se le denomina rotación eje X (Rx).
- **Rotación (Ry).** Corresponde a una rotación en un eje vertical al suelo. Tendremos rotación hacia la derecha (valor positivo) y hacia la izquierda (valor negativo). Es una rotación en el eje Y (Ry).
- **Inclinación (Rz).** Corresponde a un movimiento en el plano frontal. Tendremos lateralización derecha (valor positivo) e izquierda (valor negativo). Es una rotación en el eje Z (Rz).

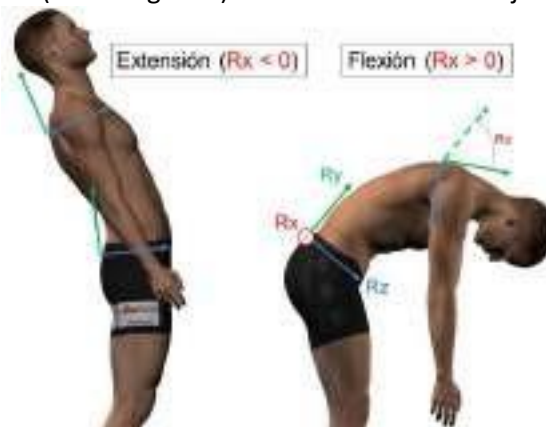


Fig 2. Ángulos analizados en la columna cervical.

## 1.4 METODOLOGÍA.

La prueba del rango articular (ROM) de columna consiste en realizar una captura para cada uno de los movimientos indicados: flexión-extensión, rotación y lateralización. En cada captura el paciente debe llegar a repetir un total de 7 ciclos de movimientos completos tratando de llegar a su máximo rango en cada ciclo y procurando mantener una velocidad de movimiento lo más uniforme posible. Previo a cada captura se llevan a cabo unos ejercicios de calentamiento y se instruye al sujeto por medio de unos videos que muestran cómo realizar cada ejercicio, con la finalidad de que pueda realizar los movimientos varias veces a modo de prueba. La posición neutra de la columna ( $R_x=0$ ;  $R_y=0$ ;  $R_z=0$ ) se calibra al comienzo de cada prueba; para ello se pide al sujeto que se coloque mirando al frente en posición relajada.

## 1.5 ANÁLISIS DE DATOS: DESCRIPCIÓN DE RESULTADOS.

El procesado de datos de la captura permite analizar los movimientos relativos del sensor ubicado en D2 respecto al fijado en la región del sacro. El valor de los ángulos resultantes de la captura, da lugar a diferentes gráficos y tablas con parámetros. Cada movimiento capturado (flexión-extensión, rotación y lateralización) se divide en tres apartados: (1) ángulos, (2) velocidades y (3) aceleraciones. La estructura de datos se mantiene para todos los movimientos capturados; por ello se expone únicamente la descripción de gráficos y parámetros resultantes del movimiento de Flexión-extensión ( $R_x$ ), pero es equivalente para la rotación ( $R_y$ ) y para la lateralización ( $R_z$ ).

### 1.5.1 ÁNGULOS.

Los resultados angulares constan de dos gráficos; el primero representa la variación del ángulo en grados a lo largo del tiempo  $R_x$  (Flexión-extensión), asimismo se representa los movimientos acoplados, en este caso,  $R_z$  (lateralización) y  $R_y$  (Rotación). El tiempo se presenta en fotogramas o frames, se puede utilizar la frecuencia de captura (fps), que incluye el informe, para hacer la transformación. El segundo gráfico muestra los distintos ciclos de flexión y extensión realizados, pero superpuestos, de esta forma se puede apreciar la regularidad de los mismos en cuanto a la longitud de los ciclos en segundos y a la amplitud en grados.

Los parámetros angulares resultantes son los siguientes:

Nombre	Definición
<b>Rx.Length</b>	Grados totales recorridos durante la ejecución del movimiento
<b>Rx.Vel</b>	Velocidad angular promedio. Cociente entre total de grados recorridos y tiempo invertido
<b>Rx.MaxRange</b>	Rango total del movimiento. Suma del máximo (flexión) y mínimo (extensión) alcanzado.
<b>Rx.Max</b>	Valor máximo de ángulo en el movimiento de flexión.
<b>Rx.MaxMean</b>	Valor medio de los 5 máximos alcanzados en el movimiento de flexión.
<b>Rx.MaxStd</b>	Desviación estándar de los 5 máximos alcanzados en el movimiento de flexión.
<b>Rx.MaxCV[%]</b>	Coefficiente de variación del movimiento de flexión: $(Rx.MaxStd / Rx.MaxMean) * 100$
<b>Rx.Min</b>	Y siguientes campos, mismo significado para el movimiento de extensión

Para cada uno de los citados parámetros se recoge en la tabla el **valor** alcanzado por el paciente durante el movimiento; los **valores de referencia** de una muestra de sujetos sanos (límite inferior, valor medio y límite superior); los límites se calculan sumando y restando al valor medio dos veces la desviación estándar; y la **valoración de la diferencia** entre el valor del paciente y los datos de referencia de acuerdo a las siguientes consideraciones:

- Para los parámetros de desviación estándar y coeficiente de variación, la valoración es la siguiente:
  - **En rango**, cuando el valor del paciente sea inferior o igual al límite superior de referencia.
  - **Fuera de rango**, cuando el valor del paciente sea superior al límite superior de la muestra.

- Para el resto de parámetros la valoración es la siguiente:
  - Si el valor del paciente es superior o igual al valor medio de referencia, mostrará el % de incremento respecto a la normalidad e indicará **capacidad (OK)**.
  - Si el valor del paciente se encuentra entre el límite inferior y superior, mostrará el % de reducción respecto a la normalidad e indicará **capacidad (en rango)**.
  - Si el valor del paciente está por debajo del límite inferior de referencia, mostrará el % de reducción e indicará **capacidad (a valorar)**.

Como información complementaria se aportan los ángulos acoplados, en este caso (Rx) y (Ry), durante los rangos de movimiento máximos (flexión) o mínimos (extensión), indicando en los instantes o fotogramas donde se han alcanzado. Se utiliza la siguiente terminología y estructura:

*Cervical.Rx.MaxPeaks: [Primer máximo Rx, Acoplado Rz, Acoplado Ry, Frame] [Segundo máximo Rx, ...]*

Por último, se incluye los fotogramas correspondientes a los instantes donde se ha obtenido los máximos valores de flexión y extensión.

### 1.5.2 VELOCIDADES

Los resultados de velocidad constan de dos gráficos; el primero muestra en línea continua la velocidad angular en grados por segundo a lo largo del tiempo (frames o fotogramas de captura), y en línea discontinua el valor del ángulo de rotación (Rx de flexión-extensión) en cada instante. El segundo gráfico muestra el valor de la velocidad angular (eje de ordenadas) respecto al ángulo de rotación (eje de abscisas) alcanzado en cada instante; cada bucle representa un ciclo de movimiento.

Los parámetros relativos a la velocidad se describen en la siguiente tabla, destacar que la valoración de los resultados (en rango, fuera de rango, etc.) se estructura de la mismo forma que el apartado de ángulos.

Nombre	Definición
<b>Rx.Speed.Max</b>	Valor máximo de la velocidad en el movimiento de flexión.
<b>Rx.Speed.MaxMean</b>	Valor medio de los 5 máximos de velocidad alcanzados en el movimiento de flexión.
<b>Rx.Speed.MaxStd</b>	Desviación estándar de los 5 máximos alcanzados en el movimiento de flexión.
<b>Rx.Speed.MaxCV[%]</b>	Coefficiente de variación del movimiento de flexión.
<b>Rx.Speed.Min</b>	Y siguientes, mismo significado para el movimiento de extensión.
<b>Rx.Speed.AreaMean</b>	Área de movilidad. Área media del gráfico ángulo-velocidad angular.
<b>Rx.Speed.AreaStd</b>	Área de variabilidad. Área encerrada por las curvas de desviación estándar del gráfico ángulo-velocidad angular.
<b>Rx.Speed.AreaCoef[%]</b>	Variabilidad relativa. Cociente entre áreas de variabilidad y movilidad.

Como información complementaria, se incluye el valor del ángulo de flexión (Rx) durante a los instantes (frames) de máxima velocidad. Se utiliza la siguiente terminología y estructura:

*Cervical.Rx.Speed.MaxPeaks: [Primera velocidad máxima, Ángulo (Rx), Frame] [Segunda velocidad, ...]*

### 1.5.3 ACELERACIONES.

Los resultados de velocidad incluyen dos gráficos; el primero muestra en línea continua la aceleración angular en grados al cuadrado por segundo a lo largo del tiempo (frames o fotogramas de captura), y en línea discontinua el valor del ángulo de rotación (Rx de flexión-extensión) en cada instante. El segundo gráfico muestra el valor de la aceleración angular (eje de ordenadas) respecto al ángulo de rotación (eje de abscisas) alcanzado en cada instante; cada línea representa un ciclo de movimiento.

Los parámetros relativos a las aceleraciones se describen en la siguiente tabla, destacar que la valoración de los resultados (en rango, fuera de rango, etc.) se estructura de la mismo forma que el apartado de ángulos.

Nombre	Definición
<b>Rx.SpeedUp.Max</b>	Valor máximo de la aceleración en el movimiento de flexión.
<b>Rx.SpeedUp.MaxMean</b>	Valor medio de los 5 máximos de aceleración en el movimiento de flexión.
<b>Rx.SpeedUp.MaxStd</b>	Desviación estándar de los 5 máximos alcanzados en el movimiento de flexión.
<b>Rx.SpeedUp.MaxCV[%]</b>	Coefficiente de variación del movimiento de flexión.
<b>Rx.SpeedUp.Min</b>	Y siguientes, mismo significado para el movimiento de extensión
<b>Rx.SpeedUp.Harmony</b>	Armonía. Coeficiente de correlación de Pearson entre ángulo y aceleración angular. Linealidad del gráfico ángulo-velocidad angular Valor ideal de movimiento armónico simple = -1
<b>Rx.SpeedUp.Offset[deg]</b>	Desfase. Diferencia media de fases entre las ondas (ciclos de movimiento). Valor ideal de movimiento armónico simple = 180)

Como información complementaria, se incluye el valor del ángulo de flexión (Rx) durante a los instantes (frames) de máxima aceleración. Se utiliza la siguiente terminología y estructura:

*Cervical.Rx.SpeedUp.MaxPeaks: [1ª aceleración máxima, Ángulo (Rx), Frame] [2ª aceleración máxima, ...]*

## 2. DATOS DE IDENTIFICACIÓN

ID sujeto: 022

ID operador: 001

Motivo Prueba:

Capture date: 2021-08-06\_12.42.47      fps: 60

MoveHuman v.2021-08.091.18

ID sujeto: '022'

### 3. VALORACIÓN Y CONCLUSIONES.

En las siguientes páginas se recoge los resultados de las pruebas llevadas a cabo sobre el paciente, relativas a la evaluación funcional de la articulación indicada y siguiendo la metodología expuesta previamente.

Las conclusiones más relevantes que se desprenden del análisis de dichos resultados son las siguientes:

- 
- 

La ejecución del movimiento fue homogénea/no homogénea y su consistencia adecuada/inadecuada.

Los resultados obtenidos deben ser contrastados con las lesiones sufridas y valorados en el contexto de la historia clínica del sujeto.

Fdo: \_\_\_\_\_



4. DATOS DE LA CAPTURA: 01S1.COLUMNNA.FLEX

4.1 Resultados: 01s1.Columnna.Flex - Dorsal.Rx

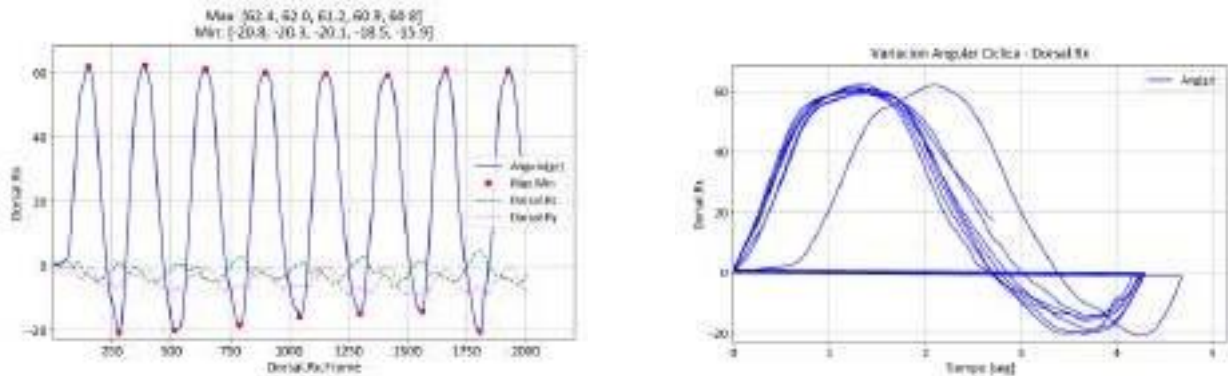


Fig 3. Gráfico Dorsal.Rx

Units: Rot[gr] Trans[cm]

Columnna.Flex	Valor captura	Valores Referencia	Diferencia %
Rx.Length.10	110.0	[65, 118, 171]	-7 % (en rango)
Rx.Vel	37.2	[10, 27, 44]	38 % (ok)
Rx.MaxRange	83.2	[67, 105, 143]	-21 % (en rango)
Rx.Max	62.4	[45, 74, 104]	-16 % (en rango)
Rx.MaxMean	61.5	[43, 72, 102]	-15 % (en rango)
Rx.MaxStd	0.7	[0, 1.8, 3.6]	En rango
Rx.MaxCV[%]	1.2	[0, 2.4, 5.4]	En rango
Rx.Min	-20.8	[-13, -32, -52]	-37 % (en rango)
Rx.MinMean	-19.1	[-9, -29, -48]	-34 % (en rango)
Rx.MinStd	2.0	[0.4, 3.3, 6.3]	En rango
Rx.MinCV[%]	-10.6	[0, -12.3, -28.4]	En rango

[ Dorsal.Rx, Acoplados: ['Dorsal.Rz', 'Dorsal.Ry'], Frame ]

Dorsal.Rx.MaxPeaks: [62.4, -3.5, -1.2, 388] [62.0, -2.9, -1.0, 151] [61.2, -3.9, -0.3, 644] [60.9, -3.8, -1.0, 1662] [60.8, -3.6, 0.1, 1928]

Dorsal.Rx.MinPeaks: [-20.8, 1.0, -6.3, 280] [-20.3, 4.2, -7.0, 1807] [-20.1, -0.0, -7.4, 514] [-18.5, 2.6, -5.9, 788] [-15.9, 0.6, -6.4, 1044]



Fig 4. Dorsal.Rx. Max: array([ 62.39, -3.53, -1.2, 388. ]). Min: array([-20.82, 0.99, -6.34, 280. ])

4.2 Resultados: 01s1.Columna.Flex - Dorsal.Rx.Speed

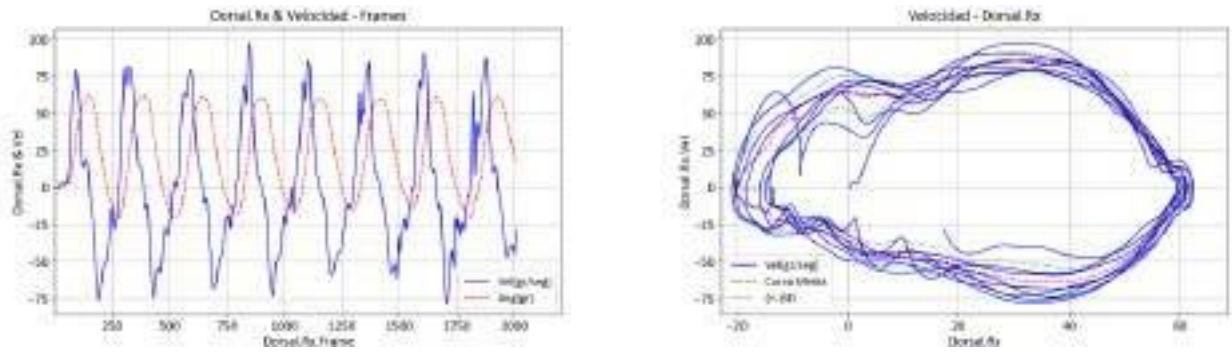


Fig 5. Gráficos Velocidad Angular

Units: Rot[gr/seg] Trans[cm/seg]

Columna.Flex	Valor captura	Valores Referencia	Diferencia %
Rx.Speed.Max	97.5	[37, 91, 144]	8 % (ok)
Rx.Speed.MaxMean	89.2	[31, 78, 126]	14 % (ok)
Rx.Speed.MaxStd	5.2	[0, 10, 19]	En rango
Rx.Speed.MaxCV[%]	5.8	[0, 11, 24]	En rango
Rx.Speed.Min	-78.0	[-41, -84, -126]	-7 % (en rango)
Rx.Speed.MinMean	-73.8	[-34, -73, -112]	1 % (ok)
Rx.Speed.MinStd	3.7	[0, 9, 19]	En rango
Rx.Speed.MinCV[%]	-5.0	[0, -11, -25]	En rango
Rx.Speed.AreaMean	165.7	[22, 143, 263]	17 % (ok)
Rx.Speed.AreaStd	52.5	[19, 130, 240]	En rango
Rx.Speed.AreaCoef[%]	31.7	[0, 107, 233]	-73 % (en rango)

Dorsal.Rx.Speed.MaxPeaks[Val,Ang,fr]: [97.5, 31.4, 849] [90.7, 26.5, 1607] [87.2, 35.4, 1878] [85.8, 28.4, 1103] [84.7, 39.6, 1368]

Dorsal.Rx.Speed.MinPeaks[Val,Ang,fr]: [-78.0, 33.1, 1708] [-75.6, 34.4, 193] [-74.0, 37.3, 431] [-73.2, 31.5, 950] [-68.0, 37.3, 692]

**4.3 Resultados: 01s1.Columna.Flex - Dorsal.Rx.SpeedUp**

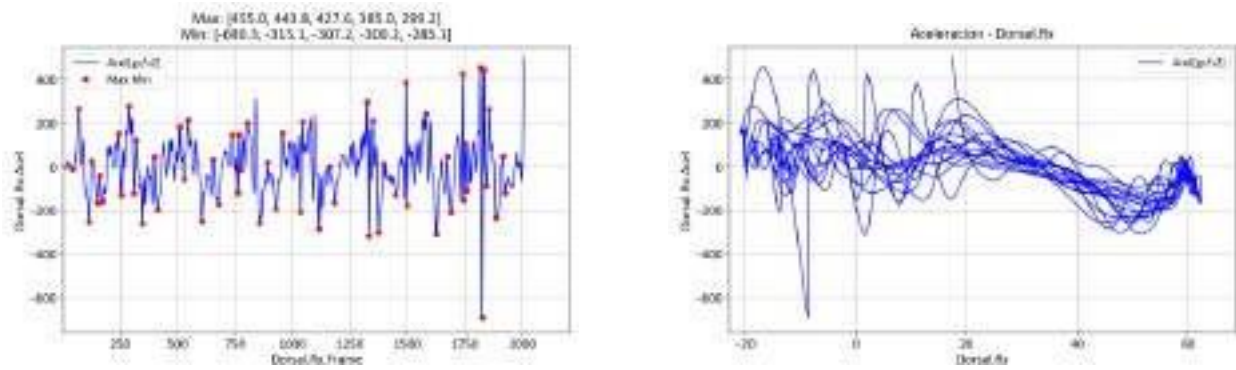


Fig 6. Gráfico Aceleración Angular

Units: Rot[gr/seg2] Trans[cm/seg2]

Columna.Flex	Valor captura	Valores Referencia	Diferencia %
Rx.SpeedUp.Max	455.0	[143, 409, 675]	11 % (ok)
Rx.SpeedUp.MaxMean	402.1	[127, 317, 507]	27 % (ok)
Rx.SpeedUp.MaxStd	63.4	[0, 75, 162]	En rango
Rx.SpeedUp.MaxCV[%]	15.8	[0, 20, 44]	En rango
Rx.SpeedUp.Min	-690.28	[-110, -457, -804]	51 % (ok)
Rx.SpeedUp.MinMean	-379.6	[-109, -331, -553]	15 % (ok)
Rx.SpeedUp.MinStd	174.0	[0, 106, 245]	En rango
Rx.SpeedUp.MinCV[%]	-45.9	[0, -26, -67]	En rango
Rx.SpeedUp.Harmony	-0.57	[-0.14, -0.37, -0.6]	54 % (ok)
Rx.SpeedUp.Offset[deg]	116.9	[95, 108, 121]	8 % (ok)

Dorsal.Rx.SpeedUp.MaxPeaks[Val,Ang,fr]: [455.0, -16.6, 1819] [443.8, -7.6, 1834] [427.6, 2.1, 1741] [385.0, 11.0, 1494] [299.2, -5.7, 1325]

Dorsal.Rx.SpeedUp.MinPeaks[Val,Ang,fr]: [-690.3, -8.6, 1827] [-315.1, 1.7, 1332] [-307.2, 51.7, 1626] [-300.2, 47.4, 1374] [-285.1, 45.7, 1116]

**5. DATOS DE LA CAPTURA: 02S1.COLUMNA.ROT**

**5.1 Resultados: 02s1.Columna.Rot - Dorsal.Ry**

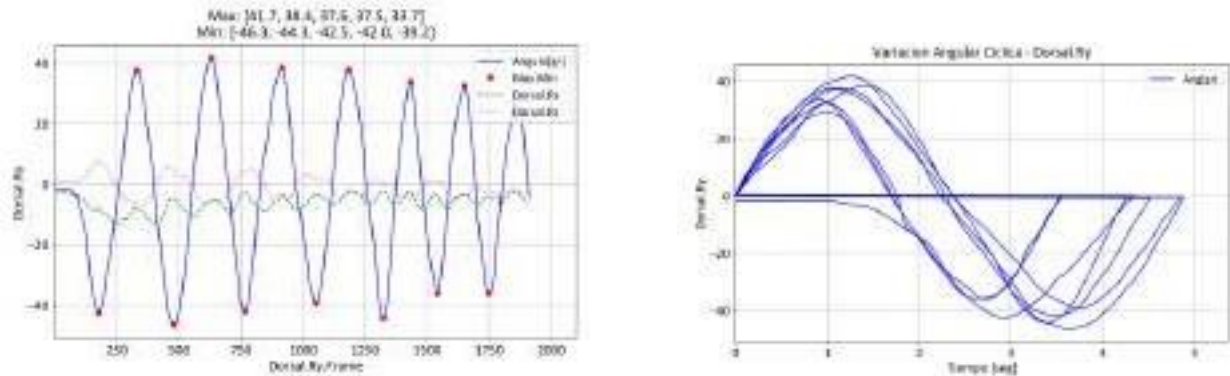


Fig 7. Gráfico Dorsal.Ry

Units: Rot[gr] Trans[cm]

Columna.Rot	Valor captura	Valores Referencia	Diferencia %
Ry.Length.10	93.7	[76, 115, 154]	-18 % (en rango)
Ry.Vel	35.8	[17, 43, 70]	-17 % (en rango)
Ry.MaxRange	88.0	[75, 104, 132]	-15 % (en rango)
Ry.Max	41.7	[36, 53, 69]	-20 % (en rango)
Ry.MaxMean	37.8	[35, 51, 67]	-26 % (en rango)
Ry.MaxStd	2.8	[0, 1.4, 2.9]	En rango
Ry.MaxCV[%]	7.5	[0, 2.3, 5.3]	A valorar
Ry.Min	-46.3	[-35, -51, -67]	-9 % (en rango)
Ry.MinMean	-42.9	[-34, -50, -65]	-14 % (en rango)
Ry.MinStd	2.7	[0.1, 1.3, 2.6]	A valorar
Ry.MinCV[%]	-6.2	[0, -2.3, -4.6]	A valorar

[ Dorsal.Ry, Acoplados: ['Dorsal.Rx', 'Dorsal.Rz'], Frame ]

Dorsal.Ry.MaxPeaks: [41.7, -5.2, -5.7, 631] [38.4, -4.0, -3.6, 913] [37.6, -2.3, -2.6, 1183] [37.5, -8.3, -6.7, 331] [33.7, -2.3, -4.4, 1432]

Dorsal.Ry.MinPeaks: [-46.3, -4.8, 4.1, 479] [-44.3, -2.4, 0.2, 1323] [-42.5, -8.0, 7.6, 176] [-42.0, -2.9, 4.5, 765] [-39.2, -3.2, 2.0, 1052]

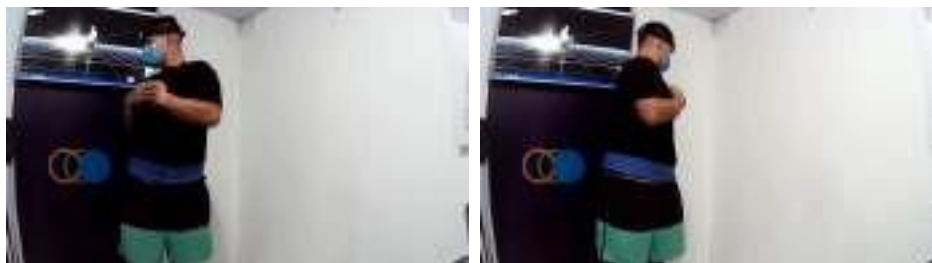


Fig 8. Dorsal.Ry. Max: array([ 41.71, -5.19, -5.73, 631. ]). Min: array([-46.32, -4.76, 4.11, 479. ])

Capture: 02s1.Columna.Rot. 2021-08-06\_12.53.47 Operador: '001' IDSujeto: '022'

5.2 Resultados: 02s1.Columna.Rot - Dorsal.Ry.Speed

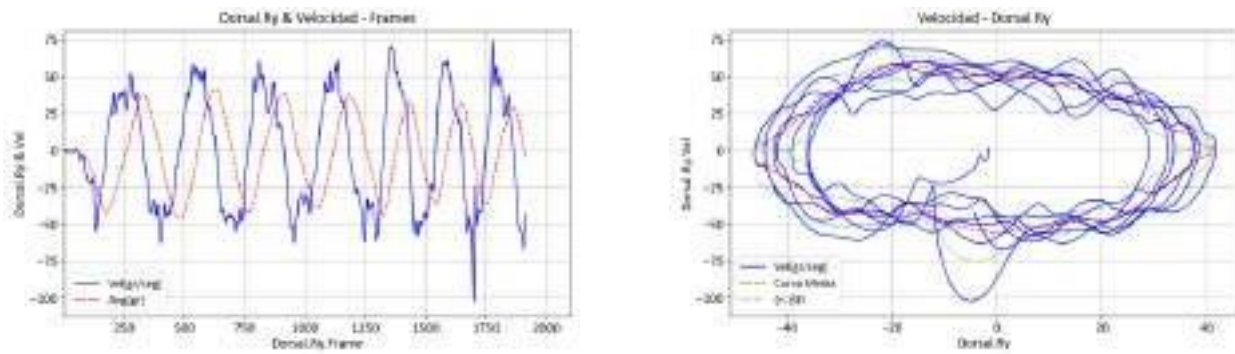


Fig 9. Gráficos Velocidad Angular

Units: Rot[gr/seg] Trans[cm/seg]

Columna.Rot	Valor captura	Valores Referencia	Diferencia %
Ry.Speed.Max	73.7	[46, 104, 162]	-29 % (en rango)
Ry.Speed.MaxMean	65.3	[46, 92, 137]	-28 % (en rango)
Ry.Speed.MaxStd	6.3	[0, 10, 21]	En rango
Ry.Speed.MaxCV[%]	9.7	[0, 9, 18]	En rango
Ry.Speed.Min	-102.3	[-51, -102, -153]	0 % (ok)
Ry.Speed.MinMean	-70.1	[-45, -90, -135]	-22 % (en rango)
Ry.Speed.MinStd	18.0	[0, 10, 19]	En rango
Ry.Speed.MinCV[%]	-25.7	[0, -10, -20]	A valorar
Ry.Speed.AreaMean	135.2	[52, 237, 422]	-43 % (en rango)
Ry.Speed.AreaStd	68.5	[22, 95, 168]	En rango
Ry.Speed.AreaCoef[%]	50.7	[0, 45, 93]	10 % (ok)

Dorsal.Ry.Speed.MaxPeaks[Val,Ang,fr]: [73.7, -22.0, 1778] [70.5, -21.4, 1356] [61.3, 14.5, 1135] [60.9, 2.7, 1592] [60.2, -14.7, 811]

Dorsal.Ry.Speed.MinPeaks[Val,Ang,fr]: [-102.3, -4.9, 1698] [-62.9, -2.9, 402] [-62.8, 13.0, 955] [-62.0, 6.4, 1247] [-60.7, -27.0, 1294]

5.3 Resultados: 02s1.Columna.Rot - Dorsal.Ry.SpeedUp

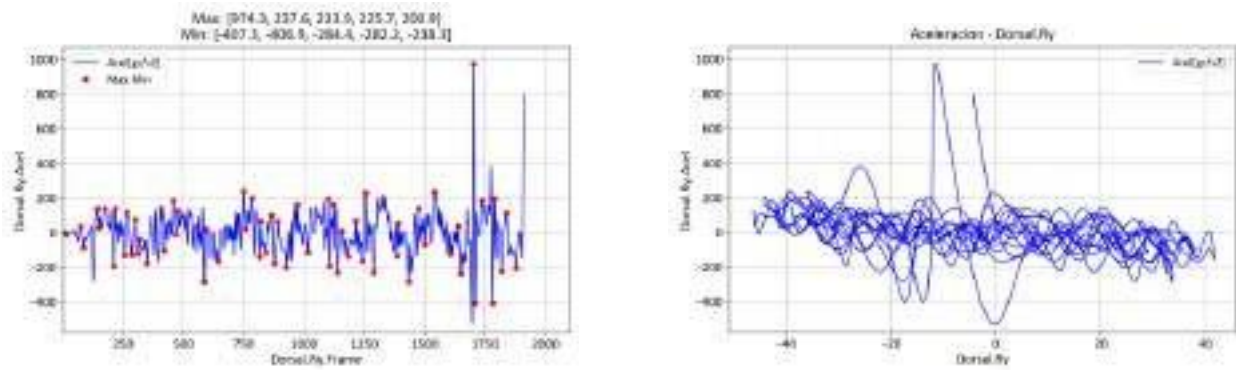


Fig 10. Gráfico Aceleración Angular

Units: Rot[gr/seg2] Trans[cm/seg2]

Columna.Rot	Valor captura	Valores Referencia	Diferencia %
Ry.SpeedUp.Max	974.3	[45, 500, 956]	95 % (ok)
Ry.SpeedUp.MaxMean	374.5	[132, 369, 607]	1 % (ok)
Ry.SpeedUp.MaxStd	335.6	[0, 111, 257]	A valorar
Ry.SpeedUp.MaxCV[%]	89.6	[0, 21, 48]	A valorar
Ry.SpeedUp.Min	-407.34	[-130, -487, -843]	-16 % (en rango)
Ry.SpeedUp.MinMean	-323.8	[-135, -365, -595]	-11 % (en rango)
Ry.SpeedUp.MinStd	78.2	[0, 98, 217]	En rango
Ry.SpeedUp.MinCV[%]	-24.2	[0, -21, -48]	En rango
Ry.SpeedUp.Harmony	-0.49	-	-
Ry.SpeedUp.Offset[deg]	119.4	[105, 123, 140]	-2 % (en rango)

Dorsal.Ry.SpeedUp.MaxPeaks[Val,Ang,fr]: [974.3, -11.3, 1702] [237.6, -39.4, 750] [233.9, -36.1, 1540] [225.7, -0.1, 1254] [200.9, -44.1, 1326]

Dorsal.Ry.SpeedUp.MinPeaks[Val,Ang,fr]: [-407.3, -13.9, 1709] [-406.9, -17.3, 1782] [-284.4, 33.6, 1433] [-282.2, 26.3, 587] [-238.3, 32.6, 1650]

**6. DATOS DE LA CAPTURA: 03S1.COLUMNNA.LAT**

**6.1 Resultados: 03s1.Columna.Lat - Dorsal.Rz**

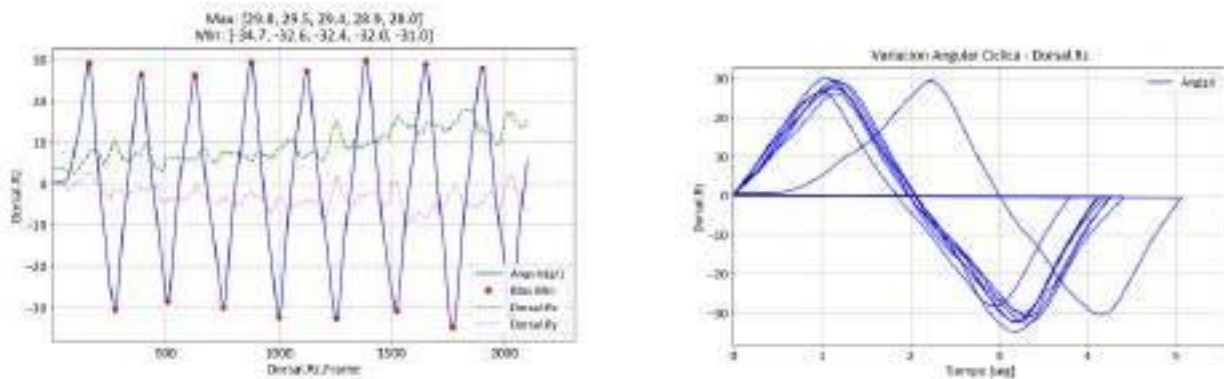


Fig 11. Gráfico Dorsal.Rz

Units: Rot[gr] Trans[cm]

Columna.Lat	Valor captura	Valores Referencia	Diferencia %
Rz.Length.10	89.3	[62, 102, 142]	-12 % (en rango)
Rz.Vel	28.7	[17, 35, 53]	-18 % (en rango)
Rz.MaxRange	64.6	[60, 92, 124]	-30 % (en rango)
Rz.Max	29.8	[26, 45, 63]	-32 % (en rango)
Rz.MaxMean	29.1	[25, 43, 61]	-32 % (en rango)
Rz.MaxStd	0.7	[0.4, 1.4, 2.4]	En rango
Rz.MaxCV[%]	2.5	[0.6, 3.1, 5.7]	En rango
Rz.Min	-34.7	[-31, -48, -65]	-28 % (en rango)
Rz.MinMean	-32.5	[-29, -46, -63]	-29 % (en rango)
Rz.MinStd	1.4	[0.2, 1.4, 2.7]	En rango
Rz.MinCV[%]	-4.2	[-0.2, -2.9, -5.7]	En rango

[ Dorsal.Rz, Acoplados: ['Dorsal.Rx', 'Dorsal.Ry'], Frame ]

Dorsal.Rz.MaxPeaks: [29.8, 9.6, -2.6, 1386] [29.5, 5.7, -1.8, 878] [29.4, 7.7, 2.7, 160] [28.9, 14.5, -8.4, 1652] [28.0, 13.5, -5.1, 1903]

Dorsal.Rz.MinPeaks: [-34.7, 14.3, -1.6, 1771] [-32.6, 15.2, 1.7, 1256] [-32.4, 8.4, -3.7, 1001] [-32.0, 17.2, 1.9, 2027] [-31.0, 16.1, 0.2, 1523]

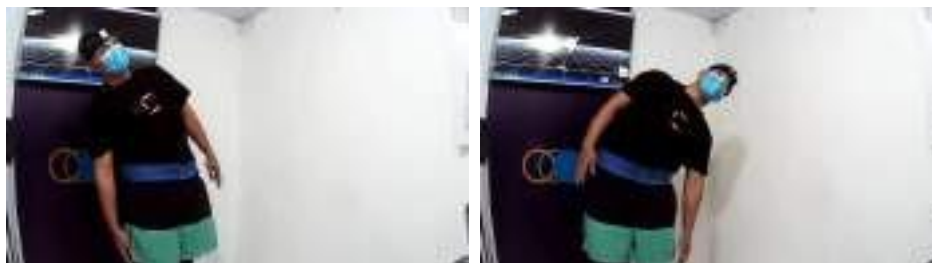


Fig 12. Dorsal.Rz. Max: array([ 29.84, 9.62, -2.55, 1386. ]). Min: array([ -34.72, 14.29, -1.62, 1771. ])

Capture: 03s1.Columna.Lat. 2021-08-06\_12.48.14 Operador: '001' IDSujeto: '022'

6.2 Resultados: 03s1.Columna.Lat - Dorsal.Rz.Speed

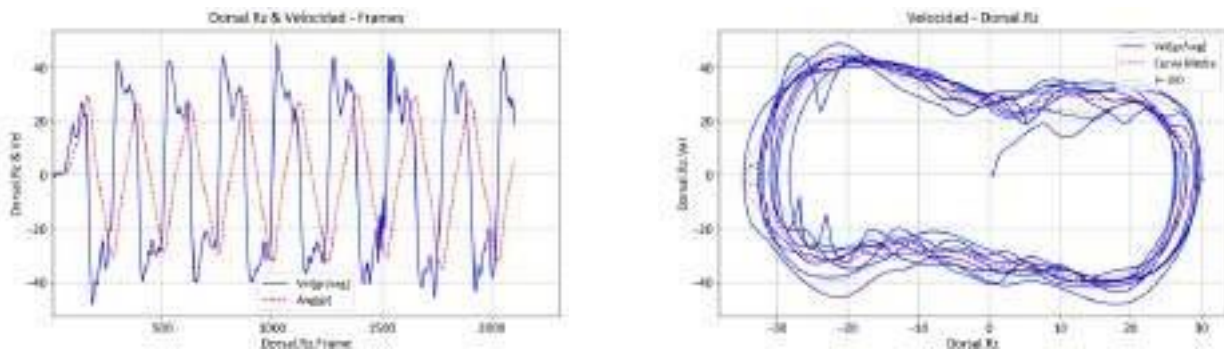


Fig 13. Gráficos Velocidad Angular

Units: Rot[gr/seg] Trans[cm/seg]

Columna.Lat	Valor captura	Valores Referencia	Diferencia %
Rz.Speed.Max	49.0	[39, 68, 97]	-28 % (en rango)
Rz.Speed.MaxMean	45.3	[35, 62, 89]	-27 % (en rango)
Rz.Speed.MaxStd	2.1	[0, 6, 12]	En rango
Rz.Speed.MaxCV[%]	4.6	[0, 8, 18]	En rango
Rz.Speed.Min	-48.0	[-37, -71, -104]	-32 % (en rango)
Rz.Speed.MinMean	-42.8	[-33, -64, -96]	-34 % (en rango)
Rz.Speed.MinStd	3.2	[0, 5, 10]	En rango
Rz.Speed.MinCV[%]	-7.5	[-1, -7, -13]	En rango
Rz.Speed.AreaMean	74.9	[48, 158, 267]	-52 % (en rango)
Rz.Speed.AreaStd	23.7	[0, 56, 113]	En rango
Rz.Speed.AreaCoef[%]	31.6	[7, 36, 66]	-12 % (en rango)

Dorsal.Rz.Speed.MaxPeaks[Val,Ang,fr]: [49.0, -21.0, 1023] [45.2, -27.1, 1532] [44.2, -20.3, 776] [44.2, -18.0, 2055] [44.0, -21.2, 1280]

Dorsal.Rz.Speed.MinPeaks[Val,Ang,fr]: [-48.0, 17.9, 181] [-43.4, 18.1, 1926] [-41.9, 14.5, 1681] [-40.7, 0.1, 1442] [-40.0, 17.4, 649]



6.3 Resultados: 03s1.Columna.Lat - Dorsal.Rz.SpeedUp

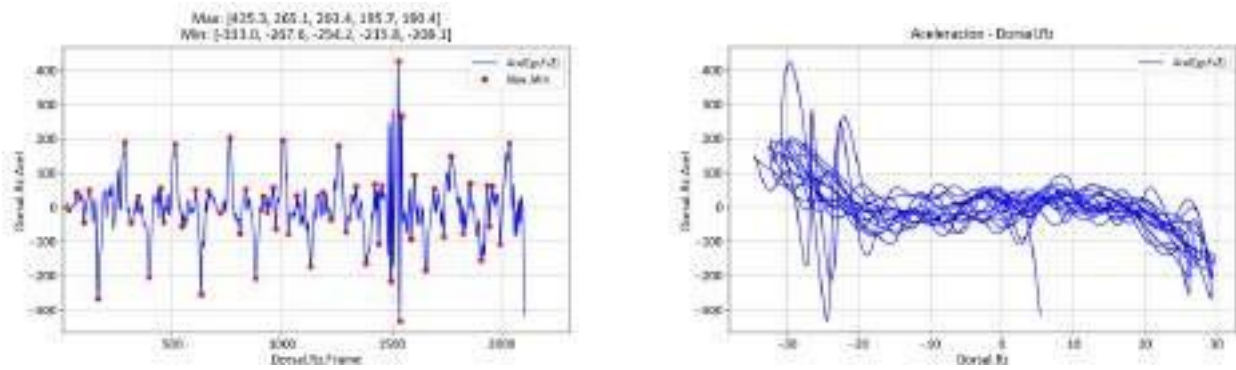


Fig 14. Gráfico Aceleración Angular

Units: Rot[gr/seg2] Trans[cm/seg2]

Columna.Lat	Valor captura	Valores Referencia	Diferencia %
Rz.SpeedUp.Max	425.3	[111, 286, 460]	49 % (ok)
Rz.SpeedUp.MaxMean	256.0	[90, 225, 360]	14 % (ok)
Rz.SpeedUp.MaxStd	99.3	[0, 46, 96]	A valorar
Rz.SpeedUp.MaxCV[%]	38.8	[0, 18, 40]	En rango
Rz.SpeedUp.Min	-332.98	[-33, -318, -603]	5 % (ok)
Rz.SpeedUp.MinMean	-255.7	[-59, -238, -416]	7 % (ok)
Rz.SpeedUp.MinStd	49.9	[0, 65, 143]	En rango
Rz.SpeedUp.MinCV[%]	-19.5	[0, -21, -47]	En rango
Rz.SpeedUp.Harmony	-0.6	[-0.35, -0.59, -0.82]	2 % (ok)
Rz.SpeedUp.Offset[deg]	126.5	[109, 126, 143]	0 % (ok)

Dorsal.Rz.SpeedUp.MaxPeaks[Val,Ang,fr]: [425.3, -29.6, 1529] [265.1, -22.0, 1542] [203.4, -29.5, 760] [195.7, -32.4, 1002] [190.4, -29.4, 282]

Dorsal.Rz.SpeedUp.MinPeaks[Val,Ang,fr]: [-333.0, -24.4, 1536] [-267.6, 29.3, 161] [-254.2, 26.1, 631] [-215.8, -23.8, 1495] [-208.1, 29.5, 878]